



## **Delivering the Children of the World for Christ**

A Study Guide for  
Individuals or Small-Groups

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Visit the author's website [www.heartofawarrior.net](http://www.heartofawarrior.net)

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All of the prayers of deliverance and introductions are direct quotations from the book, *The Heart of a Warrior: Delivering the Children of the World for Christ*. All rights reserved.

# INTRODUCTION

Dr. Coleman states that she has had vast experience receiving writing assignments from publishers and professors, including the title or topic, and deadline. But at the age of 71, she received for the first time in her life a writing assignment from God. She heard him tell her to write a book titled, *The Heart of a Warrior: Delivering the Children of the World for Christ*. The Lord subsequently revealed the purpose of the book was to launch an international prayer movement. Then, He told her to write a study guide so churches can use it to help build prayer teams for this prayer movement. That is how this study guide came to be written and provided.

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No matter what experience you've had as a prayer warrior:

None or Masters Level --

You are needed and God can use YOU!

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God is raising up an army -- He needs you -- whatever your experience has been when it comes to praying. The purpose of this guide is to build as many prayer teams as possible. This means the study guide (as well as the book) was written for Christians throughout the globe. It takes into account the fact that many who read the book and go through this study guide will have little to no experience as a prayer warrior, as well as many seasoned prayer warriors. It is written to bring the Church together, as a large international army. As we fight together in this common cause, this guide recognizes the need for Christians to prayerfully explore scripture, finding as much alignment as we can, as we stand shoulder to shoulder for Christ.

It is designed to be used by individuals, or small groups, such as life groups, youth groups and/or prayer groups to pray for the deliverance of the children of the world for Christ. It provides opportunities for digging deeper into scripture, self-reflection, and discussion while partnering with the Holy Spirit as He forges and fires up your heart of a warrior. And of course, it involves praying!

It can stand alone or be used alongside the book, *The Heart of a Warrior: Delivering the Children of the World for Christ*. (Available only on Amazon in print, Kindle, and Audible). You can play the theme song (audio only, or the music video) available through the website, if you want. It is an 8 week small-group study. Each of the following sessions concludes with a prayer guide for that session:

Session 1: Sitting Duck or Mother Hen?

Session 2: The Heart of a Warrior is Strengthened Through A Heart of Worship

Session 3: The Heart of the Warrior Burns With the Love of the Father

Session 4: The Heart of a Warrior is Forged in the Furnace

Session 5: Keep Your s(WORD) Sharpened and Unsheathed!

Session 6: Fight! With Holy Fire Power

Session 7: The Time to Fight is NOW!

Session 8: If Little Faith Can Move Mountains, What Can Limitless Faith do?

## HOW TO USE THIS GUIDE

This guide was written by an educator who has based it on teaching methodologies that are more effective than others (narrative, verbal processing, compare/contrast). These methodologies have been incorporated within this guide. With the exception of verbal processing, these strategies will work fine with individuals as well as groups.

It is highly recommended that this study be accompanied by the book, *The Heart of a Warrior: Delivering the Children of the World for Christ*. The book has the complete PRAYER GUIDE that is included at the back of the book. Portions of that same prayer guide are included in this study guide. The Prayer Guide is included in both because the main reason for the book is to deliver prayers to as many people as possible -- prayers that will deliver the children of the world for Christ. The intent is to minimize the number of books to be purchased and ease of accessibility. The entire Prayer Guide is too long and complex for the study guide, but there are excerpts from it in each chapter.

Whether or not the accompanying chapter is read prior to the session or after, going through the study guide will help the individual or group glean much more than reading the book by itself.

What is probably unique to this study guide from others you have used is this: **Every session ends with a prayer time.** These begin with praying prayers of protection for you and yours, as well as declaring God's Word to sharpen your sword, and a prayer to fire up your faith before you unsheathe the sword. *Then* there is a prayer of deliverance for a specific attack against the children. All of these take a mere few minutes.

Not only will you be praying prayers for the deliverance of the children, you will also, simultaneously be learning the practice of some beautiful and powerful spiritual disciplines as you read these prayer guides week after week.

Praying alone or together = praying!

This is one of the most, if not *the* most important aspects of this Study Guide. Thank you for praying these prayers for the children!

### *Using the Study Guide in a Small Group Setting*

It is always helpful to have a designated leader of a small group. It can be a rotation, or a set person, but however it is decided who will lead, it is a good idea for the leader to prepare ahead of the session:

1. Pray -- "Lord, show me what it is YOU want to develop within our group in this session. Guide me as I prepare to guide them. Amen."
2. Read the chapter that will be discussed *prior* to the upcoming session.

3. Make notes on your copy of the study guide.
4. Make sure there will be copies of the study guide for each person who will be there. Either print and staple the copies or have them print and bring their own, that's up to you and your group (feel free to share this free study guide with as many people as you want).
5. Everyone will need a Bible, electronic or otherwise, as well a writing utensil. It's always helpful to have some extra Bibles handy.

### *Guidelines for Establishing a Safe Place Within these Groups*

The discussions that are included within this study guide will reap rich spiritual rewards if the space provided is safe. There are common small group guidelines that go by different labels, but the principles are all the same:

1. Commit to confidentiality: What is shared in the group, stays in the group.
2. Commit to love and mercy: Whatever is shared, let it be wrapped in God's grace and love.
3. Commit to listening as much as talking and vice versa. Some people are uncomfortable with silence. Some people process verbally, so they will talk more than others. Some people are hesitant to share for many valid reasons. The following check-ups have been inserted to help maintain balance: "Have I shared enough (at all)?" "Have I shared too much (are others getting a chance to share as much as I have?)" These mid-session check-ups look like this:

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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4. Commit to praying for each other -- not only during the group time, but whenever prayer is needed.

You are now a Prayer Team! Standing shoulder to shoulder as you fight from your knees for the children of the world. You have each other's back. Hallelujah!

### *A Prayer for You*

"Lord, bless those who are reading this right now. Whether they are leading a group or going through this study guide on their own, I ask Holy Spirit, that You will illuminate their hearts and minds as to what it is You are doing in and through them. Give them Your fruit -- love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness

and self-control (Galatians 5:22-23). I thank You for them as they say “Yes” to not only taking up the call to pray deliverance for the children, but also to gather together: recruit and train through this study guide -- Prayer Warriors! Cover them all as they cover the children with Your wings. Amen.”

## SESSION 1

# Sitting Duck or Mother Hen?

**Question:** *“I’ve got Jesus. Isn’t that enough to pray prayers of deliverance for the children of the world?”*

A good question to be sure, and one many of us have answered differently at different times in our life. So, let us examine together what is needed to pray prayers of deliverance for the children of the world.

**Prayer:** “Holy Spirit, thank You for opening my eyes to the needs of Your children around the world. Open my eyes to how I can be used by You to pray for them to be delivered. Thank You. Amen.”

1. Take a moment and think and make notes here about what your prayer life looks like today. Remember that one way of praying is not more powerful than another, the power of prayer comes from Christ’s resurrection and defeat of death on the cross.
2. Is there more than one kind of prayer? If so, what are they?

There are numerous scriptures that provide insight as to types of prayers. Let’s look at a few. Read the following scripture and write the type of prayer you think it encourages us to pray in the space provided.

Psalms 148:13. This scripture encourages us to pray prayers of \_\_\_\_\_.

1 Chronicles 16:34-35. This scripture encourages us to pray prayers of \_\_\_\_\_.

Psalms 32:5. This scripture encourages us to pray prayers of \_\_\_\_\_.

Jeremiah 17:14. This scripture encourages us to pray prayers of \_\_\_\_\_.

Romans 8:32. This scripture encourages us to pray prayers of \_\_\_\_\_.

Psalms 107:6. This scripture encourages us to pray prayers of \_\_\_\_\_.

These scriptures encourage us to pray prayers of praise, thanksgiving, repentance, healing, providence, and deliverance.

3. Now read the Lord's Prayer: Matthew 6:9-15. As you do, list the types of prayer that Christ embedded therein:

Praise and thanksgiving are included in this prayer when we pray, "Abba, You are holy!"  
Healing and providence are included when we pray, "Give me today my daily bread."  
Repentance is included when we pray "Forgive me..." And deliverance is included when we pray, "Deliver me from the evil one."

As you can see, the scriptures show that there are various types of prayer. Most fall under the following common categories of prayer: 1) Praise, 2) Petition (requests for yourself) and 3) Intercession (requests for others). There is a fourth, which is found in Psalm 107:6 (above) as well as the Lord's Prayer: deliverance. For the purposes of this international prayer movement, this category of prayer will be limited to praying specific prayers -- by prayer warriors -- in prayer teams of 1 or more -- from homes, living rooms, in other words, prayer rooms. This is something ANY Christian can do on their own. The book and this guide provide everything needed for YOU to pray deliverance prayers.

4. Have you or anyone you know prayed prayers of deliverance? What preparation did you or they have? What was the experience like?



5. Read Psalm 91:1-6; 9-16. What kind of harms are listed in these verses?
6. Would you consider attacks such as deadly pestilence, terrors of night, arrows by day, harm, and/or destruction at noonday something from which you would need protection? If so, what kind of attacks are these? Natural? Supernatural? Both? Provide examples that you've seen or experienced first-hand in your life.

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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7. What is your belief regarding spiritual warfare? On what do you base your beliefs? Read Ephesians 6:10-18. What do these verses say about what we are seeing and experiencing these days when it comes to the children of the world?
8. What do these verses tell us about the *importance* of being covered and protected from harm (emotional, physical, and spiritual)? What do they tell us about *how* to remain covered and protected from these harms?

9. As a prayer warrior in the international prayer movement: *The Heart of a Warrior Delivering the Children of the World for Christ*, do you agree that it is important to take lessons from a “Mother Hen” -- and stay covered while covering the children with our prayers? On what do you base your response?

10. In Psalm 91:11 it says that He (God) will command His angels to guard us in all our ways, that they will lift us up in their hands. What do you believe about angels today?

In the book, *The Veil*, Blake K. Healy describes metaphorical descriptions of spiritual beings he sees: demons as well as angels. In the Bible angels are also described. Read the following scriptures.

Revelation 4:8

Psalm 78:49

Matthew 18:10

Revelation 12:7-8

11. Write your own description of what angels are like based on these scriptural descriptions.

Angels that are depicted in the Bible are powerful supernatural beings. There are messenger angels (Gabriel is the most familiar one. He is depicted bringing news to Mary, etc.). There are also fierce warrior angels, such as Michael.

12. Regarding angels, what role, if any, do they play when it comes to spiritual warfare?

13. According to scripture, we are at war, but we do not fight against flesh and blood. It is a supernatural war. What does this mean? How do you envision this war?

14. In addition, according to scripture, angels are deployed when we pray. What do these angels do as a result of being deployed?

As a result of our prayers of deliverance, angels are deployed to take out the demons that are attacking the children of the world and also attempting to stop you, a prayer warrior from praying. Demons are merely fallen angels. They are not God. The evil one, himself, is nothing more than a fallen angel. The fighting is between fallen angels and God's faithful angels. God's faithful angels win in every Bible story. Hence, we are assured of victory. This prayer movement is a movement of hope and deliverance!

However, these demons can cause mischief, and sting, but their primary purpose is to stop you from praying.

15. Take a moment and reflect on what happens to God's children when you pray. Now take a moment and reflect on what happens when you are stopped from praying. Finally, take a moment and reflect on how important it is to stay covered while covering!

So, let us return to the question we started with: *"I've got Jesus. Isn't that enough to pray prayers of deliverance for the children of the world?"*

Jesus is not *just* enough -- He is always **more than enough**! However, even Jesus approached satanic attack one specific way. And scripture has warned us to take care, and to take precautions when praying prayers of deliverance.

In keeping with the guidance we find in the scriptures, it is prudent to start each day with the following prayer of protection for you and yours. As with all deliverance prayers, they need to be prayed aloud as fallen angels are not omniscient; they are not capable of reading your minds. They are capable of hearing and seeing plenty of cues to weak links -- access points for attack.

But they cannot read your mind when you silently read prayers of deliverance. Words are God's way of creating and delivering! His words are powerful!

## It's Time to Pray!

Begin every prayer time by reading aloud -- individually or as a group -- the first protection prayer as well as the following prayers and introductions from: *The Heart of a Warrior: Delivering the Children of the World for Christ*.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

This prayer incorporates *Psalm 91*, the *Lord's Prayer*, and the *armor* from Ephesians 6.

Let us all pray the following prayers and scriptures aloud together as a group or individually:

#### PART 1 (Psalm 91:1,2):

“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty. As such I am assured that You, Lord, are my refuge and my fortress. You are also the refuge and fortress of (\_\_\_\_\_).” Fill in the names and even the addresses of those He brings to mind.

#### PART 2 (Psalm 91:3,4; 11,12):

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You WILL save me from the fowler's snare and deadly pestilence. I am assured I live in a place of refuge and protection because You have covered me and mine under Your wings. You have also commanded your angels to guard me and mine in all our ways. They will lift us up in their hands.”

#### PART 3 (Matthew 6:9-13):

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is nothing You cannot do. Thank You for all You are doing in my life and my family's life. Continue to protect us and use us as we pray to bring Your Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give me and mine today, Your presence, Your protection, Your guidance, Your providence. Forgive me, Lord, for any fear, for any hesitation, for any discouragement. And give me mercy for those whom I need to forgive. Remind me that they are not the real enemy. And last but not least, deliver me and mine from the evil one.”

Part 4 (Ephesians 6:13-17):

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible.

Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

***SCRIPTURES TO SHARPEN YOUR SWORD***

In Session 5 we will learn why it is important to keep the Sword -- God’s Word -- sharpened and unsheathed. For now, it is sufficient to just read out loud these 3 these scriptures -- God’s Word -- to sharpen your sword!

1. “Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.” (Mark 11:24)
2. “No weapon forged against you will prevail, and you will refute every tongue that accuses you.” (Isaiah 54:17)
3. “The LORD is my light and my salvation — whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?” (Psalm 27:1)

***A PRAYER TO PRAY BEFORE YOU UNSHEATHE YOUR SWORD***

*“God, You are my refuge and my strength. As I pray victory over the nations and the children of the world, You raise Your strong right arm in triumph. As I pray out loud, angels in Heaven are activated to accomplish what You desire. Amen.”*  
(Psalm 46:1; Psalm 118:16; Psalm 91:11)

*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

## IDENTITY

One of the evil one's main attacks has been against the identity of the children. He is intent on stealing, killing, and destroying their true identity: a precious, beloved child of the Most High God. He has been attacking through multiple fronts: 37% of teenagers suffered from mild to severe forms of an identity crisis and 95% of teens reported that they were in a confused state of mind.

We must remain focused on his true intent so we can pray against the real threat that is the root of all identity confusion and even destruction, including (but not limited to) their place in their family, their value as a student, their worth for merely being the child they are. The following prayer is written to let the enemy know he is unmasked and denied access to attacks on the identity of the children. It also releases their true identity -- as God's child, made in His image:

**“Lord God, right now I pray for all Your children who are confused and lost and don’t know who they are. They are Yours! They belong to You! They are the sons and daughters of the King of kings. The confuser, the liar, the thief, the destroyer has no power over them. He has no right to steal their true identity as defined by You in Your Word. Reveal to them, Father, how much they are loved and that it was You who created their inmost being. You knit them together in their mother’s womb and they are fearfully and wonderfully made! We praise You for this truth, Father! O God, save these children from the lure of the lies of the world. Lead them to Your truth: That they are beautiful! They are amazing as they are! That You treasure them! You love them -- not because of what they are or are not, not because of who they are or are not, but because of Whose they are -- Yours! Rebirth within them a life abundant. I decree that the evil spirits of confusion, pride, lies, deception, and stealing to be gone now -- in the name of Jesus! I declare that every child is delivered from the powers of darkness and this present evil world. All alliances whether known or unknown that have been made with the powers of darkness are hereby broken by the power of the Holy Spirit and in the mighty name of Jesus!**  
(Psalm 139:13-14; Jeremiah 15:21; Luke 10:19; John 10:10; Galatians 1:4)

## **HEART BEATS**

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS.



## SESSION 2

# **The Heart of a Warrior is Strengthened with A Heart of Worship!**

**Question:** *“This assignment is so big. How can I find the strength to be a spiritual warrior?”*

This question is one that most of us will ask ourselves at one time or another during this prayer movement. It IS a big assignment. But God is bigger! And He is the power and the strength, behind it. So, let us learn spiritual principles that can keep us focused on His power, rather than our own limitations.

**Prayer:** “Holy Spirit, this is a God-Sized assignment. I will need Your help. Thank You for choosing to use me. Thank You that I am not undertaking this on my own power. Open my heart to feeling Your strength rise up within me. Amen.”

1. Let us begin by taking a moment to recall times in our lives when we faced tough times, times that were discouraging. How did you find the strength you needed during those times?
2. What do you know about David in the Bible?

Let us read the following story about David as recorded in the Bible in 1 Samuel 17:1-11.

3. What kind of challenge was Goliath issuing here? What kind of opponent was Goliath envisioning?

Goliath issued a challenge of champions: One champion from one nation would face off against the champion of the other nation. Whoever won this challenge -- won the war!

Continue reading: 1 Samuel 17:12-23

4. How did David come to be there to hear Goliath's challenge?

5. Has God ever allowed you to hear a call to take up arms for Him? How did you hear it? What were your thoughts, concerns, fears?

David hears the challenge. And he hears that not one man in all of Israel was willing to stand up for God. So, David let it be known that he was willing. His willingness reaches the ears of King Saul.

Continue reading: 1 Samuel 17:31-33

6. Saul looks on the outward appearance. What does he see?

This is not the first time David has been overlooked, dismissed even, due to his youth and outward appearance. Earlier, when Samuel was looking to anoint a future king of Israel, he, a prophet, also overlooked David, until God spoke. Read what God said to Samuel in 1 Samuel 16:7.

7. God looks not on the outward appearance, in other words: age, experience, education, training, etc. God **only** looks at the heart! In your call to pray for the children of the world with the heart of a warrior, how do these words encourage you?

When Saul was ready to dismiss David in terms of being a champion, how did David respond? Continue reading 1 Samuel 17:34-37.

8. David responded by retelling, giving testimony of how the Lord delivered -- him and the sheep he was guarding -- from the jaws and paws of devouring bears and lions. How has God delivered you in your life? Give testimony of it here as a way to encourage yourself as well as others (Remember “encourage” means to “put courage in”).

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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Saul, having no other options, settles for this shepherd boy. But in a futile attempt to try to level the playing field, he offers his king-sized armor to David. Read 1 Samuel 17:38-40 to find out how that worked out.

9. David chose to not wear the king-sized armor for good reasons. But did he face the giant wearing no armor?

David wisely chose to face Goliath wearing the King of king's armor! Psalm 91 tells us “...*(the Lord's) faithfulness will be your shield and buckler*” (verse 4). In other words, the Lord will shield us from attacks that arise from further away, and He will *also* be our buckler when the attacks come from close to home. This means the enemy frequently uses those closest to us -- spouses, children, friends, anyone who is nearest and dearest to hurt us, to discourage us, to dismiss us, to dissuade us. This psalm tells us the Lord protects us from these attacks as well. And just in case you've forgotten: the one who really hurt you, the one who really attacked you, is not a person whom you love and cherish. The real enemy is God's enemy -- satan.

10. Have you ever been discouraged or hurt by someone close to you? How does this help when you realize the person who hurt you is not the real enemy -- the real enemy is the one who used them to try to keep you from praying?

*The Heart of a Warrior* encourages wearing armor when engaging in spiritual warfare, but not just any old armor. Rather, let us wear David's armor. In chapter 2, Sheila describes David's armor this way:

David, the courageous shepherd boy, chose to wear the King of king's armor. He went out protected, and empowered, cloaked in the full assurance of his identity -- that he was a son of the King of kings. As a son of the King of kings, he had the full authority to claim the King of king's armor as well as the victory ensured him as a son of the King of kings.

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David faced Goliath wearing the King of king's armor:  
invisible -- but invincible armor!  
As God's son, he wore the King of king's "Identity Cloak"  
which assured him of victory!

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11. The King of king's "Identity Cloak" means, praying with the assurance that your credentials, your strength, your courage, your warrior heart is found in this truth: You are a child of the King of kings! Have you ever thought about this truth? Reflect on it here.

As it says in chapter 2 of *The Heart of a Warrior*, "Empowered with this full assurance of who he was and the authority he subsequently had -- he (David) went forth and faced the giant!"

Read 1 Samuel 17:41-46.

12. Describe this scene in your own words:

David, this boy, wearing only invisible armor, carrying only a slingshot for a visible weapon *charged* a giant, *declaring* with his words what he believed would happen: “*This day the Lord will deliver you into my hand, and I will strike you down*” (verse 46).

What David declared with his mouth is what happened!

What he declared with his mouth slayed the giant as much as the stone in the slingshot!

13. Have you ever given any consideration to the power of your words? Share here how words you have declared made a difference -- for the better or the worse.

David had the heart of a warrior. He also had the heart of worship. He was known to play a stringed instrument. He wrote at least 73 of the Psalms -- Songs of Worship!

14. How can worship strengthen the heart of a warrior?

As it says in chapter 2 in *The Heart of a Warrior*, like David, you too can have your heart strengthened with a heart of worship:

When you are focused on His power through worship: fear, limitations, lies and other sundry attacks of the enemy are dispelled, unmasked, and even eradicated. As a result, your heart of a warrior is now strengthened to take on the enemy victoriously.

The heart of worship strengthens the heart of the warrior. An essential way to tap into the power and the strength to fight victoriously is through a heart of worship. So, I encourage all of you fearless ones to dwell in worship. Whenever you can, sing it, or play it, or pray it. It doesn't matter how -- Praise however! Praise whenever!

Praise reminds us of how powerful the Almighty is. Praise keeps us focused on the Risen Christ. Praise taps into the immeasurable strength of the victorious warrior -- Christ who is on the Heavenly throne.

So, let us take a moment and read a description of the Risen Christ as He sits on the throne today. Read Revelation 1:12-18.

15. How does reading this encourage your heart with whatever you are facing today?

Worship redirects our focus from our fears, limitations, and discouragements back onto the all-powerful, almighty God, the risen Christ, and ushers in the Holy Spirit power. It also reminds you that you are His child! And as His child you have the same authority David had when he charged Goliath. When you pray, you have the same power that rose Jesus from the dead (Mark 16:15-18)!

16. How do you feel about this? Do you believe it? Do you feel you deserve it? Do you use it when you pray?

Too many of God's children mistakenly miss the truth they do not as much power and authority as they do. This is based on the reality that too many of God's children have never seen themselves as His child, made in His image, which includes having access to His power and authority. In addition, there can also be a reasonable concern they will be tempted to take on power that is for God alone.

17. Read Ephesians 2:8-9. How do these verses speak to this discussion of praying with the power and authority God has given you?

Again, in Chapter 2 in *The Heart of a Warrior* it says this:

The source of this power and authority comes directly from Him. We have it not because we deserve it, not because we are worthy, but because He has freely given it to us. And I (Sheila) feel so humbled and honored that He would trust me with this power and authority that I make sure I am a good steward of this power and authority. How have I used it for His Kingdom today?



18. How have you used His power and authority that He has given you -- for His kingdom today?

David, gave us the Psalms. So let us close this session by reading Psalm 8.

Now, go back and re-read Psalm 8:2. In this Psalm, David states God establishes strongholds against His enemies. God also silences the foe and the avenger. And how does He do it according to verse 2? *“Through the praise of children and infants.”*

19. Have you ever thought the praise of infants and children even existed? Much less were this powerful? What do you think of this spiritual principle?

We started out asking this question: *“This assignment is so big. How can I find the strength to be a spiritual warrior?”*

As we have seen, one way to strengthen the heart of a warrior is through a heart of worship. So, keep this in mind as you are praying for the children of the world for Christ! As you worship and as you pray for them, be encouraged with this truth:

God has given you the heart of David: *The heart of a warrior!*  
He has also given you, like David: *A heart of worship!*

## It's Time to Pray!

Begin every prayer time by reading aloud -- individually or as a group -- the first protection prayer as well as the following prayers and introductions from: *The Heart of a Warrior: Delivering the Children of the World for Christ*.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

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“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty. As such I am assured that You, Lord, are my refuge and my fortress. You are also the refuge and fortress of (\_\_\_\_\_).” Fill in the names and even the addresses of those He brings to mind.

#### PART 2 (Psalm 91:3,4; 11,12):

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You WILL save me from the fowler's snare and deadly pestilence. I am assured I live in a place of refuge and protection because You have covered me and mine under Your wings. You have also commanded your angels to guard me and mine in all our ways. They will lift us up in their hands.”

#### PART 3 (Matthew 6:9-13):

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is nothing You cannot do. Thank You for all You are doing in my life and my family's life. Continue to protect us and use us as we pray to bring Your Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give me and mine today, Your presence, Your protection, Your guidance, Your providence. Forgive me, Lord, for any fear, for any hesitation, for any discouragement. And give me mercy for those whom I need to forgive. Remind me that they are not the real enemy. And last but not least, deliver me and mine from the evil one.”

Part 4 (Ephesians 6:13-17):

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible.

Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

***SCRIPTURES TO SHARPEN YOUR SWORD***

In Session 5 we will learn why it is important to keep the Sword -- God’s Word sharpened and unsheathed. For now, just read out loud these 3 these scriptures to sharpen your sword!

1. “For we live by faith, not by sight.” (2 Corinthians 5:7)
2. “For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.” (2 Timothy 1:7)
3. “For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.” (2 Corinthians 10:3-4)

***A PRAYER TO PRAY BEFORE YOU UNSHEATHE YOUR SWORD***

*“Almighty God, You have never failed me. I trust in You to remind me that You are my Creator. I worship only You, not man-made creations. With Your help I will not exchange the truth about You for a lie, but will remain faithful as I pray on behalf of the children who are being attacked by Your enemy. As the one, true God, You are the one who is the power behind this s(Word) which I wield now in Jesus’ name. Amen.” (Romans 1:25)*

*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

## **FATHER ABSENTEEISM AND ABANDONMENT**

Consider these statistics regarding father absenteeism, through abandonment, as well its iteration, absent-mindedness: 18.4 million children, 1 out of 4, live without a biological, step, or adoptive father in the home. The result is a significant increase in failure to complete school (71%), teenage pregnancy (74%), behavior disorders (85%), homeless adults who began as runaways (90%), suicides as youths (63%), substance abuse (75%) and incarceration (85%).

### **A PRAYER FOR FATHER ABSENTEEISM AND ABANDONMENT**

**“Lord God Almighty, I lift up to You now the children who are suffering the consequences of fatherless homes. Hear this prayer of protection and deliverance for them. Bring this crisis to an end now, in the name of Jesus! O Lord, deliver the children from the hands of the enemy whose main purpose is to destroy them and steal an abundant life from them by stealing their earthly father from them. You are the father to the fatherless. You promised that when a mother and/or a father have forsaken Your children, that You will take care of them. You will never leave them! You will never abandon them! You will never forsake them! It also says in Your Word that you are their hiding place. You will protect them from trouble and surround them with songs of deliverance! Raise up mentors, uncles, teachers, and grandparents who will take on the mantle of fatherhood and fill the gap. Comfort them. Heal the wounds and scars of your precious children who feel broken, unloved, and invisible. Overshadow these precious ones, Holy Spirit, with Your Presence. Send Your angels to protect and guide them in their life all of their days. Amen.”** (Ezekiel 22:30; Psalm 27:10; Hebrews 13:5; Psalm 32:7; Jeremiah 1:12; Isaiah 44:36).

## HEART BEATS

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS. You can do this as a group and share with each other or alone, depending on your comfort and time.

## **The Heart of the Warrior Burns with the Love of the Father**

**Question:** *“I’m not a fighter. How can God use me as a warrior in this war to deliver the children of the world for Him?”*

This question really reflects one’s questioning of their qualifications, their worth, their value, and/or their ability to be used by God. Because this question frequently can stop people from praying, we need to take the time to address it and learn how to keep it from achieving the evil one’s purpose -- stopping us from praying.

**Prayer:** “Lord, in this session light a fire in my heart as I take on this call to pray for the children of the world. Let me feel Your heart burning for Your children. Let my heart beat as Yours does for those You love. Amen.”

Dr. Coleman spent most of her adult life in education, as a teacher and an administrator. During those years she saw parents -- many of whom were not fighters by nature -- become fighting mad.

1. Have you ever seen someone who is not a fighter by nature become fighting mad? Have you ever been fighting mad? What was it that ignited the warrior heart within?
2. Do you agree with this statement: “Most mothers and fathers have hearts that burn with love for their children. They will roar on behalf of their children to protect them and deliver them from being devoured by the evils of this world”? Why do you agree or not agree?

As we undertake the call to pray and fight for the lives of the children, to fight in this war, all it takes is a heart that burns with love for God's children. Let's take a moment and read some scriptures that speak to God's love for His children:

Psalms 36:7. This scripture tells us God's love is \_\_\_\_\_.

Romans 5:8. This scripture tells us God's love is \_\_\_\_\_.

Jeremiah 31:3. This scripture tells us God's love is \_\_\_\_\_.

Psalms 86:15. This scripture tells us God's love is \_\_\_\_\_.

1 John 3:1. This scripture tells us God's love is \_\_\_\_\_.

These scriptures tell us God's love (depending on your translation) is: unfailing (faithful), unfathomable (undeserved), unending (everlasting), unconditional (gracious), and unmistakable (lavish).

3. Take a moment to reflect on how you have experienced God's love for you. Think of an example in your life that you are willing to share, or a few descriptors of His love that you have personally experienced.
  
  
  
  
  
  
  
  
  
  
4. Do you agree that the heart of God, the Father, burns with love for His children? Do you agree that this is what scripture tells us about His love for them? Provide an example if you have one.

We have read just a few, select scripture verses that portray the burning, unending, unfathomable, unending, and unfailing love of the Father for His children.

Now, let us look at how His heart of love is manifested in His burning desire to birth, to give and also protect -- Life!

Read the following story where God heard the cries of a woman who longed to carry and birth a baby: 1 Samuel 1:10-18.

5. This is a story of God's heart that burns with love for his children -- in this case, His daughter, Hannah, as well as the baby he wanted to give her -- Samuel. Have you ever known a woman who has experienced the pain of not being able to carry and birth a baby? How did God respond to her cries?

Not all women who have cried out to God have had their cries "heard". Some, to this day, know that they will never be a woman who will carry and birth a baby. This inability to bear a child can be perceived as a confusing and even hurtful response from God.

In chapter 3 of *The Heart of a Warrior: Delivering the Children of the World for Christ*, Dr. Sheila Schuller Coleman says to these women:

My prayer for those of you who are in this place today is that you will take up God's call for you. God has given you the children of the world! They desperately need you. You are called to fight for them! They need YOU to be their spiritual mother or father -- to cover them under your wings. Thank you! Thank you!

6. What are your thoughts on this quote? Some women (and men who longed to be fathers) might need prayer to help them receive the beauty and true fulfillment that can be found in this call to be a spiritual father or mother to the children of the world. Take a moment to pray for the men and women who longed for a baby and never had one. If this is you,



and if you feel comfortable sharing, ask those in your prayer team to pray over you now for the Holy Spirit to fulfill that longing in His way. After this prayer time, take a moment and write down your reflections in the space provided. Give space for people to pray, cry, and share if needed.

7. In addition, there are babies who, through miscarriage, still birth and other unexpected heartaches resulted in the loss of a baby, or a baby that was born with challenges. Read Psalm 139:13-16. How do you reconcile these words with babies who are born with significant limitations?

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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Reflect on the following quote from the book, *The Heart of a Warrior: Delivering the Children of the World for Christ*:

These verses (from Psalm 139) do not only apply to babies who have been born... “perfect”, with no challenges, no short life-spans. They apply to ALL babies who have been in a womb -- unborn as well as born, down syndrome as well as “normal” syndrome, learners who struggle as well as learners who excel -- ALL babies have been formed perfectly, for it’s not the physical shell that counts in the end -- it is the spirit that is formed within them!

8. Can you think of a child for whom this quote applies? Read 1 Samuel 16:7. How does this verse instill hope regarding babies who are born with challenges?
  
  
  
  
  
  
  
  
  
  
9. What about babies that are conceived but lost before birth? What happens to their spirits? Although scripture provides comfort, it is silent on this specific question. The book, *The Heart of a Warrior: Delivering the Children of the World for Christ*, retells a testimony from Jim Woodford, a man who died and went to Heaven and came back. He depicts the nursery he saw in Heaven for all these babies. He said, “Your baby lives!” When you align this vision with what we know about the Father’s love for His children, what do you think happens to the spirits of lost babies?
  
  
  
  
  
  
  
  
  
  
10. Read 1 Samuel 3:1-11. This is the boy Hannah prayed for. God called him when he was just a boy. He grew up to be a powerful prophet. Now, jump ahead and Read 1 Samuel 16:1 & 10-13. Think about the ramifications of a mother who prayed for a son, who was called by God *as a boy*, who later anointed David when he was just *a boy* to be the future king of Israel. What do these scriptures tell us about God raising up boys (and girls) today to be the future leaders of His church?

11. Do you think it is reasonable to assume that boys and girls today -- who are being raised up like Samuel and David -- would be in the enemy's line of attack? Do you think we should pray for them? Although this question is rhetorical, take a moment to discuss and internalize the importance of this question. Ask the Holy Spirit to reveal to you the ramifications of the Kingdom if the enemy is successful at his attacks against them. In addition, remember: the enemy would love to use his tricks of distraction and deception to keep you from praying for them.

The Father's heart burns with love for ALL His children. And His heart hates pain. His heart hates death. His heart hates heartbreak. The enemy wants to take life! But Jesus wants to give life! His burning love ignites the warrior heart in you and me to fight for their lives through prayer against the enemy who seeks to steal, kill, and destroy.

We opened this session with the question, "Can God use even those of us who are not innate fighters?" Did this session provide an answer for you?

If so, it is the hope and prayer of this prayer movement that ALL will fight -- even those of us who are not fighters. May God give you His heart -- a heart that burns with love for His children! This is the reason we fight from our knees, this is why we pray for the life of the children He loves and wants to rescue and deliver.

## It's Time to Pray!

Begin every prayer time by reading aloud -- individually or as a group -- the first protection prayer as well as the following prayers and introductions from: *The Heart of a Warrior: Delivering the Children of the World for Christ*.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

Let us all pray the following prayers and scriptures aloud together as a group or individually:

This prayer incorporates *Psalm 91*, the *Lord's Prayer*, and the *armor* from Ephesians 6.

Let us all pray the following prayers and scriptures aloud together as a group or individually:

#### PART 1 (Psalm 91:1,2):

“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty. As such I am assured that You, Lord, are my refuge and my fortress. You are also the refuge and fortress of (\_\_\_\_\_).” Fill in the names and even the addresses of those He brings to mind.

#### PART 2 (Psalm 91:3,4; 11,12):

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You WILL save me from the fowler's snare and deadly pestilence. I am assured I live in a place of refuge and protection because You have covered me and mine under Your wings. You have also commanded your angels to guard me and mine in all our ways. They will lift us up in their hands.”

#### PART 3 (Matthew 6:9-13):

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is nothing You cannot do. Thank You for all You are doing in my life and my family's life. Continue to protect us and use us as we pray to bring Your Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give me and mine today, Your presence, Your protection, Your guidance, Your providence. Forgive me, Lord, for any fear, for any hesitation, for any discouragement. And give me mercy for those whom I need to forgive. Remind me that they are not the real enemy. And last but not least, deliver me and mine from the evil one.”

Part 4 (Ephesians 6:13-17):

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible. Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

***SCRIPTURES TO SHARPEN YOUR SWORD***

Read out loud these 3 these scriptures to sharpen your sword -- God’s Word!

1. “I can do all this through Him (Christ) who gives me strength.” (Philippians 4:13)
2. “The righteous are as bold as a lion.” (Proverbs 28:1b)
3. “Lord God, please help me to listen carefully to You and follow all Your ways so You will quickly subdue my enemies and turn Your hand against my foes.” (Psalm 81:13-14)

***A PRAYER TO PRAY BEFORE YOU UNSHEATHE YOUR SWORD***

*“Heavenly Father, I know that children are a delightful blessing from You. I speak Your blessings and protection over them, as I pray prayers of deliverance that are based on Your Word. It is Your Word that I now unsheathe and use as I declare deliverance for Your children. Amen.”* (Proverbs 17:6; Psalm 127:3; Matthew 19:14)

*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

**A PRAYER OF DELIVERANCE AND PROTECTION  
FOR THOSE CHILDREN GOD HAS CALLED  
TO BE THE SPIRITUAL LEADERS OF THEIR GENERATION**

God is calling and raising up children to be the spiritual leaders of their generation. They will be needed. We need to cover them with protection.

You will recognize the basis of this protection prayer as the same protection prayer you have been encouraged to pray daily. It is repeated here for your convenience. It also included includes a list of the demons who have been identified to date as attacking them.

**“Almighty God, I ask You to be the refuge and fortress of all those children You have called and are raising up to be the spiritual leaders of their generation. I have no doubt, that You will save them from the fowler’s snare and deadly pestilence. I decree and declare that they are covered under Your wings. You have also commanded your angels to guard them in all their ways. They will lift these children up in their hands.”**

**“I also decree and declare that the following demons have no power over these children: loss, anger, rebellion, fear, chaos, lies, division, confusion, dyslexia, anxiety, and stress. In Jesus’ name, I pray they are covered with the blood of Jesus and that You, Lord, will guide their every step.**

**“I believe You will infuse their hearts with Your Word; that Your Word will be a lamp to their feet, and a light for their path. I believe they will hide Your Word in their heart, that they might not sin against you.**

**I beseech You to raise up adults who will place them under their care, to guide them, and mentor them all the days of their life. (Psalm 91:3,4; 11,12; Psalm 119:105; Psalm 119:11)**

## **BABIES IN THE WOMB**

God made wombs. They are His beautiful design to carry life that cannot yet breathe and exist on its own. Yet, today, the enemy has been attacking the wombs of women around the world. This makes sense as this is an attempt to stop babies from being born. The lives of unborn babies are uncertain: **an unborn baby is lost every 34 seconds.**"

There are two prayers: The first is to cover the babies in wombs. Some women have had to suffer the pain of miscarriage and have lost baby(s) to no fault of their own. Other babies have been lost because women have not taken care of themselves, much less the babies in their wombs. Some babies are being exposed to substances in the womb that are irreparably damaging nervous systems. There are mothers who are taking the lives of the babies that are in their wombs, choosing convenience over concealing and covering and bringing life into being. There is also a prayer of mercy here for mothers who have already made such a life-ending decision.

## **A PRAYER FOR UNBORN BABIES**

**"Father, there are babies that are being formed in their mother's wombs all over the world. In some parts of the world, the enemy has stolen the access to prenatal care. In some parts of the world, the enemy has stolen the value of unborn life. And in some parts of the world, the enemy is actively seeking to kill and destroy unborn life. And in all parts of the world, the enemy is intent on doing what he can to cause a disability, premature birth, and/or health issues. But I see you, evil one, for who you are: a destroyer, thief, liar and murderer. But NO MORE! I speak with the authority God gave me as His child, in the Name above all names, Jesus Christ. And I declare that the evil one now has a divine restraining order enforced against him. I say to you, evil one, you are permanently denied access to this baby's life and destiny. No weapon formed against this baby will prosper!**

**"Christ, You came to give Your life to save Your children and give them life abundant, and that includes the unborn babies. Victorious Christ, ignite a burning love in the hearts of expectant mothers everywhere for the life and heart that beats within them. Rise up and give them the heart of a warrior, a ferocious faith to fight and protect the baby(s) in their wombs. I decree and declare that the doctors, nurses, and health administrators will use their gifts and knowledge to fight for the lives of all babies.**

**"I trust Your Word, God. It is alive and active, sharper than any double-edged sword. Your Word is a Word of life! Your Word says that You created all these**

**babies that are currently being formed in their mother's womb. You are knitting them in their mother's womb. As such all these babies of Yours are being fearfully and wonderfully made. Their frames are not hidden from You. You see their unformed bodies, and all the days of their life have been written in Your book. You have a plan for these babies. And it is a plan for good and includes a future with hope. Thank you, Lord! Amen."** (Isaiah 54:17; John 10:10; Luke 10:19; Hebrews 4:12; Psalm 139:13-16).

## **A PRAYER FOR MERCY TO ERASE A MOTHER'S GUILT**

**"Lord, forgive me. Your love for me and Your forgiveness for me is undeserved, which makes it all the more precious. The bigger the debt, the more gratitude we feel when that debt is completely erased. My mistake, my neglect, my choice which led to loss of health (and loss of life in some cases) in the baby that You embedded within me, has resulted in a debt that is far too big for me to pay. Yet, You went to the cross and in the process You paid my price. You died for me. You showed Your sacrificial love for me while I was still lost and rebelling against You. So, I will not let Your death be in vain. I will accept this priceless gift of mercy, undeserved forgiveness. And I will rejoice in the new life You are giving to me at this very moment. I will walk in freedom from guilt from this day forward. I will not let the lies of the accuser steal my freedom or my joy that I have because of Your love for me. My name is not *guilt*. My name is not *unloved*. My name is not *shame*. My name is *Daughter of the Most High God*. I am loved! I am forgiven! Thank you, Lord! Amen."** (Luke 7:43; Romans 5:8 & 11)



## **HEART BEATS**

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS.

## The Heart of a Warrior is Forged in the Furnace

**Question:** *“My heart is broken for the children. I want to pray for them. But am I strong enough?”*

One of the enemy’s main strategies is to devour the children of the world is to stop you from praying. As a liar and thief, you can expect him to put land mines in your way to distract and undermine the truth that you are *necessary* to this war. He will also try to steal the truth -- that you are a strong warrior.

The truth is that you are a stronger warrior than you think! On what basis can this claim be made? Few, if any of us, have led a life that is free of challenges, trials, even fiery furnaces. The good news is this: These hard times (past and present) have not been in vain. Whether you realize it or not, they have already forged the heart of a warrior within you.

The goal of this session is to help you see and recognize and receive this truth about you.

**Prayer:** *“Holy Spirit, thank You that You never leave us or forsake us. In every time of our life -- times of blessings and times of hardship and pain -- You are always there. We ask You to be here with us as we open our hearts to You now. Reveal to us the heart of a warrior that You have already forged within.”*

1. This exercise might not be easy, but expect it to release, reveal, and even heal. Ask the Holy Spirit to bring to mind a time in your life that was especially hard and painful for you. If you feel comfortable sharing, do so. But if you don’t, there is no shame or judgement. Take time to write about it here. As you go back in your mind to this hard time, allow the Lord to show you how He was there with you at the time. Give space for people to cry and share if needed. Pray over any who need it.

2. In addition to allowing the Holy Spirit to *heal* painful moments, ask the Holy Spirit to transform -- your painful times -- into triumphant times! Could it be that your painful times can be used to forge within you a heart that is strong and willing to fight for children? Read Romans 8:28. Could one interpretation of this scripture be this -- that God uses all things in your life for good -- even using your pain to help others? Do you think this spiritual principle is possible? Explain your position.
  
3. In the book, *The Heart of a Warrior*, there is this quote: “A fiery furnace forges strength that can stand the heat! Rather than being burned to a crisp, you’ll be FIRED UP!” Have you seen this spiritual principle work in your life? If so, what happened?
  
4. There are spiritual principles that God has given us in His Word such as: You can not only survive fiery times without getting singed; the heat also can forge within you the heart of a warrior! How? By discovering the strength that is forged by practicing spiritual disciplines. What experience do you have with spiritual disciplines? If you don’t know what a spiritual discipline is, then that is likely your answer -- you haven’t had experience with them, or you have, but are merely unfamiliar with the term. Either way, you will have both familiarity with the term, and you will be taught spiritual disciplines in this session.

Read Matthew 6:9-13.

This is the Lord's Prayer. This was Christ's response when His disciples asked Him how they should pray. There are many messages, interpretations, and applications of this prayer, and they all provide tremendous insight. This is not surprising because this prayer is rich and powerful. When it is prayed regularly it shapes the hearts and lives of those who pray it.

As we are engaged in an international spiritual warfare movement, the *spiritual principles* that are embedded in this prayer can be a source of protection as well as strength. So *The Heart of a Warrior* prayer movement encourages praying this prayer -- daily. If you have been praying the prayers included in the conclusion of each session, you have already been exposed to this prayer as well as praying it as *spiritual discipline*.

The Bible gives us spiritual principles as well as spiritual disciplines:

Principles are laws, such as laws of nature, that are unchangeable.

Disciplines are practices that can result in benefits, such as exercise.

(Remember the words "discipline" and "disciple" come from the same root word - disciplina, which means "to learn".)

This session 4 is intended to help you see the wisdom for praying the Lord's Prayer as a spiritual discipline. Like any discipline, we will be more likely to practice it if we understand how it works and why it is important.

Now, let us look at the prayer, verse by verse:

A. "MY FATHER, MY ABBA, MY DIVINE DADDY -- YOU ARE HOLY!"

By yourself or as a group, take a moment and express as many words as you can think of that describe God's holiness and majesty and power.

B. *“YOUR KINGDOM COME, YOUR WILL BE DONE -- ON EARTH AS IT IS IN HEAVEN”*

Now that you have been reminded of God’s majesty and power, take the next step and align your heart, your will, with His. Ask Him to have His way in your life today. Ask Him to bring His beautiful Heavenly kingdom to earth. Think of your plans and your desires and hopes and dreams. Write them here. When finished, give them all to God to do with them as He wills. Discuss together how hard or easy that was for you.

C. *“GIVE ME TODAY MY DAILY BREAD -- WHATEVER I NEED -- FOR TODAY!”*

You have praised God. You have yielded your will, even your desires to Him. As a result, you can positively assume that the desires you feel stirring within you are from Him. So ask Him for these and ask boldly!

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Praise + Yielding = Bold Asking!

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Boldly Asking = Asking Believing!

Take a moment on your own, or in a group, to ask the Lord for the desire He is putting on your heart right now. Ask! Boldly! Right now!

D. *“FORGIVE ME MY DEBTS.”*

All of us have been less than perfect. “All have sinned and fallen short of the glory of God” (Romans 3:23). This is good news because you are not alone in your shortcomings. And it is also good news because Jesus has paid for every single one of your debts!

*In The Heart of a Warrior* we read these words by Dr. Sheila Schuller Coleman regarding this spiritual discipline: “(Praying this prayer reminded me) of the “spiritual debts I owe Him. Those spiritual debts are debts I will never be able to cover. But wonder of wonder -- He paid every one of them off -- in full!!

Take a moment on your own, and silently go before the Lord. Ask Him to show you where you need His forgiveness today. Ask Him to forgive you. Receive His forgiveness.

E. “*AND I FORGIVE MY DEBTORS.*”

Read together this passage from *The Heart of a Warrior* (chapter 4):

So -- how does forgiving others serve to protect? Forgiving others, especially when it is undeserved is hard! But if it is deserved, do they really need to be forgiven? Remember, harboring bitterness and resentment is destructive and it gives the enemy a foothold where he can sneak in and cause some harmful mischief, in other words more pain. And when you're already hurt, does it make any sense to respond in such a way as to cause more pain for yourself?

Again, silently, this time ask the Holy Spirit to bring to mind anyone you need to forgive. Expect to be surprised. There are many times we think we have forgiven, but forgiveness is more often than not, a process, not an event. Practicing this spiritual discipline can ensure that this process plays out completely.

Whoever the Lord brings to mind, ask the Holy Spirit to increase your mercy and help you remember who *really* hurt you -- your *real* enemy.

When you pray the Lord's prayer every day don't be surprised if you find yourself living it:

- When you feel unworthy, you will be reminded of your identity when you pray, “I am a child of the Most High God!” (Our Father, Who art in Heaven)
- When you are uncertain about a hard decision, you will remember to pray, “Lord, show me Your will, Your way, Your when!” (Thy will be done)
- When you are afraid for provision you can pray, “Lord, give me today what I need.” (Give us today our daily bread)
- When attacked, you can pray, “Lord, I forgive my debtors (those who hurt me with their words).” (Forgive me, as I forgive others)

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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NOW you are ready to pray:

F. *“DELIVER ME FROM THE EVIL ONE.”*

“This is a declaration! And a declaration results in immediate response from Heaven. Declaring this Word brings immediate deliverance!” (*The Heart of a Warrior*, chapter 4).

In addition to declaring deliverance from the evil one, it never hurts, indeed it always helps -- to put on the armor as we are encouraged to do by Paul in his letter to the church in Ephesus. This church was located in a city that was fascinated with magic and the occult. Paul was imprisoned when he wrote this letter of encouragement to help forge the heart of a warrior in this church.

Read Ephesians 6:10-18

Most teachers of this passage emphasize the order in which the armor is put on, based on how it is presented in this passage. In the scriptures the belt is put on first. And there are historical reasons for this in terms of ancient armor.

However, Dr. Sheila Schuller Coleman has taken an educational approach to the order in which the armor is donned. The order she follows in this prayer is based on her educational background -- an attempt to help make it more memorable. So her approach goes from head to foot. Whatever order in which you pray this, just be sure to put on the WHOLE armor (as Paul encourages in verse 11).

You’ve already learned how to pray the Lord’s Prayer as the first part of a spiritual discipline. Asking the Lord to cover you with the armor is the second part of the spiritual discipline. And as we did with the Lord’s Prayer, we will take the time to understand how it protects and why it is important to put it on daily.

A. *“Lord, cover me now with the helmet of salvation.”*

Because we have prayed the Lord’s prayer and prayed for forgiveness, our minds and hearts have been purified by Christ’s salvation.

Read 2 Corinthians 10:5

This verse tells us to capture every \_\_\_\_\_ and make it \_\_\_\_\_ to Christ.

Read Romans 12:2

This verse tells us to *transform* and *renew* our mind.

When we juxtapose these verses, they tell us how important our \_\_\_\_\_ are.

Question: What can fearful thoughts do to you as a prayer warrior? How can capturing those fearful thoughts and making them obedient to Christ forge the heart of a warrior within you?

Question: Think of Christ's mind. Does His mind have limits? Does His mind know that all things are possible? How can praying for the mind of Christ forge the heart of a warrior in you?

*B. "Lord, cover me with the breastplate of righteousness."*

The breastplate protects the heart. Because our heart has been purified by His salvation we are pure in heart, pure in motive. How can being pure of heart protect us as we pray for deliverance of the children of the world? (Hint: how can impure motives be used by the evil one?)



C. *“Lord, I take up the shield of faith.”*

Sheila testifies to the importance of the shield of faith in chapter 4.

One of the enemy’s primary weapons are arrows of fear. Fear! It can derail good intentions before you even get out of bed, if you even get out of bed. The antidote to fear is faith. And praying the Lord’s prayer and putting on the armor shielded me from fear!

How has God shielded you from fear when you were in a fiery time? How did learning this truth protect and even forge the heart of a warrior in you?

D. *“Lord, put the belt of truth on me.”*

This aspect of the armor goes hand in hand with the helmet of salvation. The enemy is a liar and a thief. He uses thoughts that are lies to stop you from praying -- lies, such as “Who do you think you are? You do not have the heart of a warrior. Remember, when...?”

Have you ever experienced such lies? If so, what truths helped you?

What two scriptures can you tuck in your belt of truth every morning to silence the lies of the enemy? If you need help, check these out: Philippians 1:6, Romans 8:37, Philippians 4:13, John 15:5, I Corinthians 2:16, 1 John 4:4, 2 Timothy 1:7, Psalm 27:1, Joshua 1:5, John 3:16. Choose two and write them out here:

1.

2.

E. *“Lord, sharpen the sword, Your word.”*

This is an essential aspect of spiritual warfare. So, the next chapter is devoted to it. Nevertheless, this all important aspect is included in every session in the “Sharpen and Unsheathe Your s(Word)” section of the “It’s Time To Pray”. You have already been sharpening and unsheathing and this session is no exception.

F. *“Lord, now shod my feet with the shoes of peace -- Shalom.”*

Shalom = peace. We fight protected by the shoes of peace. When you walk in peace, harmony, and completeness (the definition of “shalom”), you’ve already won the war. You fight from a position of victory. This war is a fight for deliverance. We fight for peace from a position of peace.

Now that you have learned the importance of the spiritual disciplines given to you in the Word, what would keep you from practicing them?

Where are you today in terms of feeling strong enough to join this prayer movement? Are you encouraged? Are you beginning to see that you ARE strong enough? Can you see that those prior tough times served to forge within YOU the heart of a warrior?

Even if you feel you have room to grow, that’s okay. When you fight for God, you fight with God’s strength, you pray with God’s power! Your heart of a warrior will be increasingly strengthened the more you fight, the more you pray. And don’t forget: those trials you’ve already endured, or are currently enduring, are forging within you an even stronger heart. This is the heart God is giving you. It is fuel for your prayers. As a result your warrior heart prays boldly, believing for deliverance of the children of the world!

## It's Time to Pray!

We have already been praying the following protection prayer aloud, individually, or as a group. As a result of this session, this prayer will likely have more meaning. It is provided with love and gratitude for being willing to pray for deliverance for the children of the world for Christ.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

This prayer incorporates *Psalm 91*, the *Lord's Prayer*, and the *armor* from Ephesians 6.

Let us all pray the following prayers and scriptures aloud together as a group or individually:

#### PART 1 (Psalm 91:1,2):

“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty. As such I am assured that You, Lord, are my refuge and my fortress. You are also the refuge and fortress of (\_\_\_\_\_).” Fill in the names and even the addresses of those He brings to mind.

#### PART 2 (Psalm 91:3,4; 11,12)

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You WILL save me from the fowler's snare and deadly pestilence. I am assured I live in a place of refuge and protection because You have covered me and mine under Your wings. You have also commanded your angels to guard me and mine in all our ways. They will lift us up in their hands.”

#### PART 3 (Matthew 6:9-13)

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is nothing You cannot do. Thank You for all You are doing in my life and my family's life. Continue to protect us and use us as we pray to bring Your Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give me and mine today, Your presence, Your protection, Your guidance, Your providence. Forgive me, Lord, for any fear, for any hesitation, for any discouragement. And give me mercy for those whom I need to forgive. Remind me that they are not the real enemy. And last but not least, deliver me and mine from the evil one.”

Part 4 (Ephesians 6:13-17):

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible.

Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

***SCRIPTURES TO SHARPEN YOUR SWORD***

In the next session we will learn why it is important to keep the Sword -- God's Word sharpened and unsheathed. Until then, be assured -- this is more than sufficient -- just read out loud these 3 three scriptures to sharpen your sword!

1. Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and He will come near to you.” (James 4:7- 8a)
2. “And do not give the devil a foothold.” (Ephesians 4:27)
3. “No temptation has overtaken you except what is common to mankind. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can endure it.” (1 Corinthians 10:13)

***A PRAYER TO PRAY BEFORE YOU UNSHEATHE YOUR SWORD***

*“Lord, give me the mind of Christ that knows no fear, the mind of Christ that knows no limits, the mind of Christ that knows all things are possible. Give me the heart of the Father that burns with love for the children, the Father's heart that loves to heal His children who are hurt. Amen.”*

*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

## **CHILDREN THAT ARE CURRENTLY IN BROKEN HOMES**

Today, 23% of all children (nearly 1 out of 4) come from a broken home. Children from these homes frequently perform poorly in school. In addition, they can have emotional challenges that effect relationships in and out of school. Feelings of guilt and anger are par for the course. Physical health can also be impacted negatively. When children from broken homes become adults they are 1.5 to 2 times more likely to live in poverty and engage in risky sexual behavior. They are at risk of not completing high school, and are even less likely to complete college.

Although these statistics are hard to hear, they are NOT indicative of what God can do despite a child being raised in a broken home. Some of Dr. Coleman's nearest and dearest were raised in broken homes. Some have called them "a miracle." She agrees. Chances are you also know a miracle or two who were raised in a broken home. These miracles encourage us as we pray for these children today, to believe -- there will be many, many more miracles like theirs. Believe! They can! Have a complete life, with a happy marriage, supportive as well as resilient parents, spouses, friends, and professional colleagues. So, pray this prayer for all the children who are currently in the midst of brokenness. Save a life or two or three or....a million, even!

## **A PRAYER FOR CHILDREN OF BROKEN FAMILIES**

**"Great are You, our Lord! Your power has no limit. We ask You, Almighty Father, to reverse the damage of divorce that the evil one meant to harm the children (\_ fill in names of any child(ren) you know is suffering from anxiety and/or depression \_). Indeed, what the enemy meant for harm, I have no doubt that You have the power to use even this for good. So, I take authority over every scheme of the evil one who would try to hurt these children (\_\_\_\_\_) with lies such as, "You caused this divorce," or "You are not wanted." I claim Your truth will prevail over these lies!**

**'Lord, I stand on Your great promise that there is nothing You cannot do. You can do anything! Where the devil wants to destroy families through addiction, parental neglect, illness, You are raising me up to pray for these children. I say to the evil one -- no more! I send the evil entities of chaos, pride, and lies to the pit of death, in the name of Jesus! God Almighty, raise up the heart of Elijah, and turn the hearts of the mothers and fathers, and the hearts of the sons and daughters, to You, bringing a spirit of revival to every family. I speak divine order into every family.**

**“Thank You, Lord, that You are a Mighty Warrior who is in the midst of these families! Restore the brokenness, build strength in the broken places, redeem the hurts and wounds, and turn any scars into stars. I pray this prayer believing You will raise up these precious children (\_\_\_\_\_) to grow into oaks of righteousness, a planting of the Lord, sons and daughters of the King of kings! They will know their true worth and fulfill their divine purpose without interference or delay, by the mighty Name of Jesus! Amen.”** (Psalm 147:5, Psalm 68:5; Isaiah 61:3; Philippians 4:13; Jeremiah 20:11; Malachi 4:5-6)

## **HEART BEATS**

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS.

## SESSION 5

# Keep Your s(Word) Sharpened and Unsheathed!

**Question:** *“The s(Word), God’s Word, is the weapon I am being asked to wield. I’m not sure I know how to do that. And how can I find the strength and courage to use it against evil?”*

In the last session we talked about the heart of a warrior that already has been and is continuing to be forged within you. You just hadn’t realized it. We went through the spiritual discipline of praying the Lord’s prayer and putting on the armor every day. Although this discipline only takes a minute, don’t be surprised if the enemy tries to keep you from praying it through innocent and even loving and caring distractions.

In this session, as promised in the previous one, we will discuss the s(Word): How to use it, how to keep it sharpened, and wielding it with power and effectiveness.

**Prayer:** “Holy Spirit, I am learning that You have given me a heart for the children. You are igniting the heart of a warrior within me. Show me how to use the Word as I pray for them. Then I can be a fierce warrior, whose prayers will deliver them from the evil one. Thank You. Amen.”

Read Matthew 3:13-17

1. What is this passage about? What happened in this story of Jesus? When did it occur in terms of His ministry?



This story occurred at the beginning of Christ's ministry. It was an introduction by the Father to the world of Jesus as His Son, as well as the Holy Spirit (who is a real person of the Trinity). It concluded with a statement from God: "I am well pleased with Him, my Son."

2. What is important about these three aspects of this story: the introduction of Christ as God's Son, the introduction of the Holy Spirit, and the declaration of God's pleasure in Him?

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Christ's baptism was a public introduction:  
God introduced Jesus as His Son,  
in Whom He is well pleased.  
**This established Christ's identity!**

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Read Matthew 4:1-4

3. Have you ever noticed that this first temptation of Christ is the first recorded incident following His 40 days in the wilderness? Let us juxtapose these stories, because when we do, some important aspects of spiritual warfare and using God's Word come to light:

Matthew 3:17: "This is my \_\_\_\_\_."

Matthew 4:3: "If you are the \_\_\_\_\_."

God said, "This is my beloved Son." One of the points of the baptism was the establishment of Christ's *identity*: that He was none other than the Messiah.

The enemy said to Christ, "If you are the son of God." What was the tempter attempting to get Christ to do in this temptation (the first of 3)? He was attempting to get Christ to negate His *identity*.

*The Heart of a Warrior* relates that the Greek word for "lamb" in the New Testament is *amnos*. The exception is in the book of Revelation. The Greek word for "lamb" throughout the entire book of Revelation is *arnios*.

*Amnos* -- is a lamb that is worthy to be slain. (John 1:29)

*Arnios* -- is a lamb who is \_\_\_\_\_ to open the scroll because He has been slain. (Revelation 5:12)

In order for Christ to be the *amnos* lamb John describes, the lamb who is worthy to take away the sins of the world, this *amnos* lamb had to be free of sin: meaning He could not ever be found guilty of succumbing to any temptation.

If Christ had given into the temptation to prove His identity by turning a stone into a loaf of bread (seems harmless, yes?), He would have traded in His identity as the *amnos* lamb for a stone turned to bread. He would no longer be worthy to drink from the cup of crucifixion. The tempter would have held it up to the Father and said, "He is no longer worthy!"

4. What would be the result of Jesus Christ giving into such an apparently harmless temptation?

If the tempter had been successful, Christ's mission for all mankind would have been thwarted. If Christ had given in (and of course, He didn't!!) to prove His identity -- we all have would lost our identities as children of the Most High!

5. How did Christ respond to this temptation?

Christ responded to all three of his temptations with three words, "\_\_\_\_\_" (Matthew 4:4; 7; 10).

In all 3, Christ followed "It is written," with three scriptures quoted from Deuteronomy. In the first temptation to prove His identity by turning a stone into a loaf of bread, the entire verse

Christ quoted is, “*Man shall not live by bread alone but **man lives by every word that comes out of the mouth of the Lord***” (Deuteronomy 8:3).

6. The tempter tried to tempt through nourishment that will not satisfy. How does he try to do this today?

7. What is the only true source, substance, nourishment for our spiritual life that will totally satisfy?

Read John 6:63 to hear what God’s Word says about how it nourishes our soul.

Let us not be tempted to find fulfillment in our identity in what others think or say who we are. We do not find or feed our identity in any “food”, in any “nourishment” -- in *anything* other than -- who and what God says we are!

Read the following scriptures to see what God’s Word says about Who you really are -- your real, true identity:

2 Corinthians 5:17: “I am a \_\_\_\_\_.”

1 John 2:12: “I \_\_\_\_\_.”

Ephesians 1:5: “I am \_\_\_\_\_.”

Romans 8:38-39: “Nothing can separate me from God’s \_\_\_\_\_.”

Galatians 3:26: “I am God’s \_\_\_\_\_.”

These verses tell you that when you receive the salvation that is yours because of Christ’s sacrifice on the cross, your identity is forever the following: You are a new creation, you are forgiven, you are adopted, you are forever loved, and you are God’s child.

8. How does this assurance of your true identity and your position of power and authority give you boldness as you pray and wield the s(Word) of God in your fight against the tempter, the thief, the liar, the destroyer?

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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9. The tempter sought to steal the identity of Christ as a way of stealing the identities of all God’s children forever. How is he attempting to steal the identities of God’s children today?

10. The most obvious attack on the identity of children today is through gender identity. As dire as this attack is, how can praying against *only* this attack be a slight of hand the enemy is using?

*If we are deceived into praying only against this identity attack, we can be misdirected away from praying against the root, real attack: the attack against their identity as God's beloved, adopted, forgiven, child.*

## SHARPEN YOUR S(WORD) DAILY

Jesus said, *"It is written!"* and He followed this by declaring scripture -- God's Word.

The Word of God is powerful!

*"...so shall my word be that goes out of my mouth; it shall not return empty, but it shall accomplish that for which I purpose, and shall succeed in the thing for which I sent it" (Isaiah 55:11 -- given by Isaiah when he spoke words of encouragement and compassion to God's children).*

The Word of God is imperishable!

*"For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God" (1 Peter 1:23). In verse 25 Peter adds, "...the word of the Lord remains forever."*

11. If Jesus used the Word of God to disarm the tempter, if the Word of God is powerful, if the Word of God is imperishable, then why wouldn't we use it?

Too often, it is too difficult to have the Word of God at our fingertips for our prayers. And if we are praying prayers of intercession, prayers of praise, it is less vital to pray prayers based on God's Word. But prayers of deliverance are another matter.

This is why the prayers of deliverance in the Prayer Guide included in the *Heart of a Warrior*, and this study guide -- are all based on and include -- God's Word in them. These prayers declare God's Word, God's truth, and the enemy is powerless against God's Word.

In addition, the Prayer Guide in the book, and the prayers for every session of this study guide, include verses that you can declare to sharpen your s(Word) before you pray. By declaring these verses, you are letting the enemy know you are using God's powerful, imperishable weapon.

## UNSHEATHE YOUR SWORD

There are at least three incidents in the Bible where angels are depicted as having swords that are drawn. The first is in Genesis. An angel is described as guarding the Garden of Eden after the fall, with a drawn fiery sword. A second incident is described in Numbers 22. This is the story of Balaam, who is stopped from going to Balak (an enemy of God's) and cursing God's children (Israel). The donkey he is riding is stopped by an angel:

*When the donkey saw the angel of the LORD standing in the road with a drawn sword in his hand, it turned off the road into a field (verse 23).*

A third incident is found in Joshua. This incident happened just prior to the deliverance of the city of Jericho into the hands of Israel. Read Joshua 5:13-15.

12. Most Christians are familiar with the story of the battle of Jericho, with the people marching around the city for 7 days, and blowing the shofar on the seventh. The result? The walls came tumbling down. But what do these verses in Joshua 5 tell us about Heavenly help?

We see that there was a commander of a Heavenly army who also took part in this battle. And he appeared to Joshua with a drawn (unsheathed) sword.

Do you have any doubt that we are living in times that call for angels with drawn swords, sent to fight and deliver the children of the world for Christ?

You and I, we fight alongside these angelic warriors when we prayerfully proclaim God's Word. This is our part in fighting the good fight. This is why we keep our s(Word)s sharpened and unsheathed and take out the enemy as our prayers summon the angelic armies!

As we engage in spiritual war against God's enemy, who seeks to kill, steal and destroy, let us keep our s(Word) sharpened and unsheathed.

Prayers to unsheathe your s(Word) are provided in the Prayer Guide and this study guide.

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An unsheathed sword says: I mean business!  
I am not just carrying a weapon in case I need it.  
I have it drawn and I am ready to use it!

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**As you sharpen your s(Word) and unsheathe it, remember -- ALL you need to do is pray!**

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Christ has all the power!  
And He is giving you the will and the power to pray!!  
Philippians 2:13

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## It's Time to Pray!

Let us remember to stay covered as we cover, by praying the following prayer of protection. It is provided with love and gratitude for being willing to pray for deliverance for the children of the world for Christ.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

This prayer incorporates *Psalm 91*, the *Lord's Prayer*, and the *armor* from Ephesians 6.

Let us all pray the following prayers and scriptures aloud together as a group or individually:

#### PART 1 (Psalm 91:1,2):

“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty. As such I am assured that You, Lord, are my refuge and my fortress. You are also the refuge and fortress of (\_\_\_\_\_).” Fill in the names and even the addresses of those He brings to mind.

#### PART 2 (Psalm 91:3,4; 11,12)

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You WILL save me from the fowler's snare and deadly pestilence. I am assured I live in a place of refuge and protection because You have covered me and mine under Your wings. You have also commanded your angels to guard me and mine in all our ways. They will lift us up in their hands.”

#### PART 3 (Matthew 6:9-13)

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is nothing You cannot do. Thank You for all You are doing in my life and my family's life. Continue to protect us and use us as we pray to bring Your Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give me and mine today, Your presence, Your protection, Your guidance, Your providence. Forgive me, Lord, for any fear, for any hesitation, for any discouragement. And give me mercy for those whom I need to forgive. Remind me that they are not the real enemy. And last but not least, deliver me and mine from the evil one.”



#### Part 4 (Ephesians 6:13-17)

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible.

Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

#### ***SCRIPTURES TO SHARPEN YOUR SWORD***

In this session we learned why it is important to keep the Sword -- God's Word sharpened and unsheathed. Just read out loud the following 3 these scriptures to sharpen your sword!

1. “The One who is in you is greater than the one who is in the world.” (1 John 4:4b)
2. “So is My Word that goes out from My mouth: It will not return to Me empty, but will accomplish what I desire and achieve the purpose for which I sent it.” (Isaiah 55:11)
3. “My word that goes out from my mouth: it will not return to Me empty, but will accomplish what I desire and achieve the purpose for which I sent it.” Isaiah 55:11

#### ***A PRAYER TO PRAY BEFORE YOU UNSHEATHE YOUR SWORD***

*“Almighty Warrior, King of kings and Lord of lords I know there is power in Your Name -- Jesus, our Messiah! I decree and declare that the evil spirits who are attacking the children are stripped of their power as I pray the Word of God to deliver them. Destroy the schemes of the wicked, confuse their tongues. In the powerful name of Jesus, I stand victorious over the principalities, powers, and rulers of darkness of this world. Amen.”*  
(Ephesians 6:11-12)

*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

## **THE ORPHANED**

There are at least 150 million children worldwide who are orphans. It has become increasingly difficult for people with hearts who long to help, to be able to navigate the laws, trying to adopt or foster within their native country. Such efforts are even more daunting if international borders are involved. Dr. Coleman tells the story of a couple who flew to a war-torn country with more orphans than this country could care for. When the orphan they flew half way around the country to bring home stepped off the train, they saw he was not accompanied by any adult. “Who brought you here?”

“No one. I have no one.”

These children need as much support as possible. If your heart is tugged through this attack of the evil one on God’ children, I encourage you to consider looking at organizations like World Vision and/or Samaritan’s Purse. But as important as these organizations are -- and they are important -- it is just as important to pray for these children.

## **A PRAYER FOR THE ORPHANED**

**“Jesus Christ, risen Lord, Who is victorious and Who said, “Let the little children come to Me”, wrap Your arms around Your orphaned children! Gather them up and provide adults who love You and will care for them and show them how to walk in Your will. Fulfill Your divine plan for their lives. To the evil one who seeks to steal their lives by removing their parents, I say to you: ‘God has promised He will not leave His children orphans, He will come to their aid. And God has called His church to rise up and care for the orphans. So, evil one, you have no claim over these children. They belong to God, the Father!’ And Lord, bring holy men and women of God into their lives to be strong mentors, even raise up fathers and mothers for them. Reveal to them their true identity: Your children. Give them a crown of beauty for ashes, the oil of joy for the spirit of heaviness. Raise up these children to be the spiritual leaders of their generation. Amen.” (Matthew 19:14; James 14:8; James 1:27; Isaiah 61:3).**

## **HEART BEATS**

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS.

## SESSION 6

# Fight! With Holy Fire Power

**Question:** *“Fire: How does it help in a war as big as this one? Do I really need it as a prayer warrior?”*

In this session we will explore fire: what we can learn from it in the natural, as well as the supernatural -- in terms of a source of power -- as we fight for the deliverance of the children of the world.

We will take the time to honestly ask, “Is holy fire power necessary?” And what does it mean to fight with holy fire power? There are some misunderstandings in the Church in this regard, which the enemy uses to his advantage, so it is prudent to do an honest heart examination of what this means for you and your relationship with your Abba as well as with your fellow brothers and sisters in Christ.

**Prayer:** “Holy Spirit, I ask You to help me to be honest with myself. Show me if I have been resistant to You, or if I have been arrogant toward any of my fellow Christian brothers and sisters. I ask you to forgive me for any lack of love and/or judgement I have harbored in my heart. Thank You for forgiving me for quenching You and/or grieving You. Give me Your heart as I go through this session to learn what You want me to learn about You. Amen.”

Read Acts 2:1-13

1. This is the familiar story of Pentecost.

In these verses we read the people heard \_\_\_\_\_.

We also read that the people saw tongues of \_\_\_\_\_ on their heads.

And finally, the most controversial aspect of this story: The people began to speak in foreign \_\_\_\_\_.

The sound of rustling wind, the flames of supernatural fire (glory) on their heads, and the foreign tongues are all evidence of the coming of the Holy Spirit. That is what happened at Pentecost.

Read Acts 1:4

2. What did Jesus promise before He returned to Heaven?

#### THE POWER OF FIRE IN THE NATURAL

3. Dr. Sheila Schuller Coleman describes two aspects of fire power in the natural: one is loss and devastation. Describe what you have seen or heard when it comes to seeing loss and destruction as a result of fire?

#### THE POWER OF FIRE IN THE SUPERNATURAL

4. Sheila also describes the aspect of fire power that is *necessary* to ignite an awakening, such as the high heat of a forest fire that ignites life in dormant seeds. How can this same principle be seen when it comes to a spiritual awakening of dormant hearts to fire them up to pray?
5. Do you think such a holy fire is necessary (or at the very least, beneficial) today in terms of what we are seeing in regards to attacks against the children of the world?

6. The following excerpts from *The Heart of a Warrior* talk about the fire of the Holy Spirit and how it is important to this prayer movement. Read both of them and respond to them as prompted.

Excerpt #1:

#### A HOLY SPIRIT FIRE IS IGNITING A GREAT AWAKENING

Where have all the warriors been? Children are being attacked and destroyed, and all of us (me [Sheila] included!) have been asleep, lulled into a spiritual lethargy of believing that all is well, when all is not well. We need to first wake up! Arise! And be willing to fight! And pray!

Excerpt #2:

It is easy to become discouraged when you see and hear what is happening to children all over the world. It can be easy to think all is lost when there has been so much devastation. But God has planted seeds in the hearts of warriors like you and me all across the globe. These are seeds of hope. These are seeds of love. These are seeds of fiery indignation -- enough is enough!

The growing demonic attacks that are now an existential global threat have reached the proportions of a global forest fire. And its heat is so intense that it has awakened dormant warrior seeds. It has ignited a Holy Fire that is awakening the warrior spirit in hearts everywhere to stand! And pray! And deliver children from destruction! This Holy Fire is the fuel that will not burn out; that will awaken not just a warrior here and there, but an international army of warriors. And the Holy Spirit Fire will be the fuel to not just awaken but strengthen resolve, determination and motivation to build and maintain the momentum of an international prayer movement.

7. Do you agree with these statements? Why or why not?

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

---

8. How can Holy Fire power awaken and ignite this prayer movement?

9. This prayer movement is a movement that begins with the hearts of prayer warriors being awakened and ignited around the globe. Going to war is not for the faint of heart. Holy Fire power provides the passion necessary to fuel this movement. Have you felt your passion for this movement grow as you have gone through this study guide? Describe any difference in your heart as a result of being part of this prayer movement.

Read Exodus 3:1-6

10. What was the fire in the bush? Moses' assignment was to deliver God's children from Pharaoh. Do you think it was necessary for him to experience this fire to provide the fiery passion he would need to fulfill his assignment? Explain your response, why you believe it was or was not necessary.
  
11. In this story, fire represented God's PRESENCE. Once the children were delivered, they found themselves in the wilderness for 40 years. They complained that they would rather return to Egypt as slaves than remain in the wilderness. But what did God provide in the wilderness (Exodus 13:21)? Describe how God's fiery presence was essential to their deliverance.
  
12. How important is the PRESENCE of God when you are in spiritual warfare? What does His presence and only His presence provide as you fight on behalf of the children?



God's presence assures us that He is there. There is none more powerful than the Almighty God. What more do we need, ever? What more do we need, especially -- when we are fighting from our knees?

Read 1 Kings 18:21-39

13. In this story, we see Elijah challenge the prophets of Baal. What were the odds in this challenge of Elijah winning?

\_\_\_\_\_ prophets of Baal to \_\_\_\_\_ prophet of God

\_\_\_\_\_ altar of Baal to a \_\_\_\_\_ altar of God

The odds were definitely against Elijah: 450 prophets of Baal to 1 Elijah, and a dry altar versus a drenched altar. This story demonstrates the fire of God -- which is the POWER of God!

As we undertake this call to pray for the deliverance of the children of the world for Christ, the odds might be against us. The media, the political systems, and the financial systems are all stacked in favor of the enemy. But this story reminds us:

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When the odds are against you,  
God is for you!  
The worse the odds,  
The more glory for God!

---

14. If fire demonstrates the PRESENCE of God; if fire demonstrates the POWER of God; if Holy Fire ignites new life; if Holy Fire delivers life; if the enemy hates fire, then do you agree that we should pray *with* fire? Should we also pray *for* fire? Why or why not?

PRAYING WITH HOLY SPIRIT FIRE

1 Corinthians tells us there are various gifts, including praying in tongues. Paul says that some will have this gift and others are given other gifts. Paul states that this gift does not edify the church. Prophecy does that. Paul also said that he wished everyone would pray in tongues, but it's not necessary.

15. How do you feel about these statements of Paul? Are they confusing? If you had to explain them to a Kindergartner, how would you?

Perhaps your answer included something like this: "God gives different gifts to His children. He gives some people the gift to run fast, but gives others the gift to sing beautifully. He also gives some people the gift of being able to pray in a heavenly language. God also gives some people the gift of hearing Him speak to them with thoughts or ideas or even dreams. If you would like to be able to receive this language or the gift of hearing from God -- you can always ask Him for it. If He gives it to you, He will expect you to use it in love to help others."

16. Paul also makes it clear that the gifts are unearned, undeserved, given by grace (Romans 12:3-8). In addition, Paul sandwiches 1 Corinthians 13 -- the love chapter -- in between two chapters 12 and 14 -- the gifts of the Spirit. Paul recognized that the gifts would be something the tempter would use to create division in the church. Hence Paul makes a "make-no-mistake-about-it" interjection of the importance of always using love when using the gifts of the Spirit. How does LOVE (1 Corinthians 13) provide a way of escape, as well as a means of protection from the attack of division in the church?

17. Is it possible that the Church is guilty of arrogance when it comes to how the gifts of the Holy Spirit are viewed? Can a spirit of arrogance create division in the Church?

If you think this could be true at all, then is this something of which we need to be careful as we are waging this war? Explain your position.

18. Take an honest look at your own heart in terms of the use of the gifts as Paul has described in these three chapters in 1 Corinthians (go back and review them if necessary). Did you experience any hurt from anyone personally or witness unloving use of the gifts in the church? Have you ever harbored feelings of spiritual arrogance based on the use of the gifts? Write any thoughts, or memories the Holy Spirit brings to you now. After every one has had a chance to write, provide time for those to share who are willing to do so. Prayerfully provide a safe space for allowing painful words to be expressed. Remember who the *real* enemy is.
19. Did you see the hand of the enemy at work in any of your experience? If so, please describe what you saw and heard.
20. Paul's antidote to arrogance and division due to the gifts -- is love. How could love have prevented hurtful division from happening in the first place?

The *Heart of a Warrior* encourages us to pray together, unified around the globe, for the deliverance of the children. As we do, it is important to follow the words of Paul in 1 Corinthians 13: to ***wrap the gifts in love!***

Think of gifts you have gift-wrapped for birthdays, Christmas, etc. Like those gifts -- **let us gift-wrap the gifts of the Holy Spirit in love!**

#### A FINAL WORD ON PRAYING IN TONGUES

If you've confessed Jesus as your Lord , YOU DO have the gift of the person -- the Holy Spirit -- living in you.

God does not love those who pray in tongues more than those who do not. Just as importantly, the prayers of those that are not in tongues are not less powerful than those that are.

And to those of you who do pray in tongues, let us never be guilty of spiritual arrogance. Rather, let us brand in our hearts the words Paul gave to us:

**Always! Always! No exceptions! Wrap the gifts in love.**

This discussion has in all likelihood not been an easy one. Most of us who are truly honest with ourselves, have been guilty of being arrogant, or quenching the Spirit, or of grieving the Spirit (through a spirit of judgement and/or division), so let us take a moment and go before the Lord and pray this prayer together: **“Holy Spirit, forgive me. I was wrong and failed to wrap the gifts You gave me in love. Help me to learn from this and extend a heart of love and encouragement to all my brothers and sisters in Christ. Amen.”**

**It's Time to Pray!**

Let us remember to stay covered as we cover, by praying the following prayer of protection. It is provided with love and gratitude for being willing to pray for deliverance for the children of the world for Christ.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

This prayer incorporates *Psalm 91*, the *Lord's Prayer*, and the *armor* from Ephesians 6.

Let us all pray the following prayers and scriptures aloud together as a group or individually:

#### **PART 1 (Psalm 91:1,2):**

“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty.  
As such I am assured that You, Lord, are my refuge and my fortress. You are also  
the refuge and fortress of (\_\_\_\_\_).” Fill in the names and even the  
addresses of those He brings to mind.

#### **PART 2 (Psalm 91:3,4; 11,12):**

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You  
WILL save me from the fowler's snare and deadly pestilence. I am assured I live  
in a place of refuge and protection because You have covered me and mine under  
Your wings. You have also commanded your angels to guard me and mine in all  
our ways. They will lift us up in their hands.”

#### **PART 3 (Matthew 6:9-13):**

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is  
nothing You cannot do. Thank You for all You are doing in my life and my  
family's life. Continue to protect us and use us as we pray to bring Your  
Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give  
me and mine today, Your presence, Your protection, Your guidance, Your  
providence. Forgive me, Lord, for any fear, for any hesitation, for any  
discouragement. And give me mercy for those whom I need to forgive. Remind  
me that they are not the real enemy. And last but not least, deliver me and mine  
from the evil one.”

Part 4 (Ephesians 6:13-17):

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible.

Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

***SCRIPTURES TO SHARPEN YOUR SWORD***

In this session we learned why it is important to keep the Sword -- God's Word sharpened and unsheathed. Just read out loud the following 3 these scriptures to sharpen your sword!

1. “The tongue has the power of life and death.” (Proverbs 18:21a)
2. “And pray in the Spirit on all occasions with all kinds of prayers and requests...be alert and always keep on praying for all the Lord's people.” (Ephesians 6:18)
3. “Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.” (1 Peter 5:8-9)

***A PRAYER AS YOU UNSHEATHE YOUR SWORD***

*“God, You are my refuge and my strength. As I pray victory over the nations and the children of the world, You raise Your strong right arm in triumph. As I pray out loud, angels in Heaven are activated to accomplish what You desire. Amen.” (Psalm 46:1; Psalm 118:16; Psalm 91:11)*

*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

## **HUNGER AND STARVATION**

Hunger, malnutrition, and starvation are stealing the health and life of millions of children at the time of this writing. Lack of nutrition alone, especially in children, stunts and wastes their physiological as well as neurological, cognitive, and immunological development, not to mention total loss of life through starvation. Nearly half of all deaths in children under the age of 5 can be attributed to undernutrition, 3 million young lives a year. In addition, 49 million children under the age of five worldwide suffer from malnutrition. Also, 66 million children attend primary schools hungry in the developing world. Hunger is real for too many of God's beloved and precious children! In addition to praying the following prayer, be aware that there are organizations, such as Samaritan's Purse and World Vision, who are doing an admirable work feeding the starving children of the world. Partner with them if God puts them on your heart to do so.

### **A PRAYER TO DELIVER CHILDREN FROM HUNGER AND STARVATION**

**“Abba, Father, Divine Daddy, these are Your children, whom You love. They are hungry, starving, wasting away -- their lives cut short in more ways than one. This is why You have asked me to pray for them. You are the Jehovah Jireh, the Provider. The first time in the Bible where You called Yourself this was when You asked Abraham to completely trust his son, Isaac to You, even offering him up as a sacrifice. You, Abba, brought this sacrifice to a stop by sending an angel. In addition to the angel, You provided a ram worthy to be sacrificed in the thicket. In response, Abraham cried out, ‘Jehovah Jireh, The Lord provided!’**

**“Your children are dying of hunger. Send angels to stop the hunger! Provide food for them! I say to the enemy, ‘No longer can you steal nutrition from God’s children. No longer can you attack them through robbing them of foods that will feed their hearts, their souls, their minds, their bodies. God always keeps his Word. He gives justice to the poor and food to the hungry.’**

**“Just as You provided daily manna and quail and water for Your children every day for 40 years in the wilderness, we believe and call upon the Almighty God to provide the same for His children everywhere today. And when we partner with ministries that are providing food to Your children, we are feeding them and this is what You, Jesus, said about that, ‘I was hungry, and You gave me food.’ As we**

**pray, as we partner, we are delivering Your children from hunger. Thank you, Father, for hearing this prayer. Amen.”** (Genesis 22:14; Psalm 146:6-7; Matthew 25:35)



## **HEART BEATS**

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS.

## The Time to Fight is Now!

**Question:** *“Time. Times. Is this prayer movement really something that is worth giving my time to? Do the times really call for an international prayer movement to deliver the children of the world for Christ?”*

It's **TIME** to pray!

Time is a valuable commodity in terms of the natural world in which we live and work and have our being. Let's take a moment and look at it through God's perspective, because time for God is endless.

**Prayer:** “Holy Spirit, there are so many needs in the world today. I only have so much time to give. Guide me today to know Your will as to how to use the time you've given me each day for Your Kingdom here on earth. Thank You. Amen.”

Read Revelation 21:6

1. The Risen Christ as depicted in the book of Revelation says that He is the \_\_\_\_\_ and \_\_\_\_\_.

The western (Greek) calendar is linear.

The Hebrew (Biblical) calendar is seasonal/cyclical.

Jesus is the Alpha and Omega, which means He is the beginning AND the end -- like a circle. Take a moment to reflect on time from God's perspective, which is seasonal and cyclical, as opposed to linear. How do you know when you are at the beginning and when you are at the end of a circle? How do you know if you are at the beginning or the end when it comes to seeing time from God's perspective? Write your thoughts here.

Read Ecclesiastes 3:11

Read 2 Peter 3:8

The purpose of this question is to merely get you to consider that God's time is different from ours. When you look at the symbol for infinity, it has no beginning and no end. Could this be what Jesus meant when He said He is the Alpha and the Omega?

2. If you agree that God's time is different than ours, how does that impact the way you view your time?
  
  
  
  
  
  
  
  
  
  
3. One of the enemy's schemes is an attempt to steal your prayer time with demands on your time, even commendable demands. Has this ever happened to you? Describe it here so you can remember it for the future.

Demands on your **time** can steal your prayer time. There are endless, innocent diversions that keep you from praying. It means we need to be diligent about making the time to pray.

But do the **times** really call for such urgency in praying for the children of the world?

**TIMES** always call for prayer.

Read 2 Corinthians 6:2 -- These are the times of \_\_\_\_\_

Read Romans 13:11 -- These are the times we need to wake from our \_\_\_\_\_

Read Esther 4:14 -- These are times when God's children need to be \_\_\_\_\_

These passages indicate that there are the times when mercy, salvation, and even deliverance from death is urgently needed. These are such times. These are days when we need to wake from our slumber. You have been called for times and days such as these.

4. You are likely familiar with the story of Daniel's friends -- Shadrach, Meshach, and Abednego -- who were thrown into a fiery furnace after refusing to bow down to a false god. When asked why they would risk their lives by refusing to comply with a royal decree, they responded, "*King Nebuchadnezzar, we do not need to defend ourselves before you in this matter. If we are thrown into the blazing furnace, the God we serve is able to deliver us from it, and he will deliver us...*" (Daniel 3:16-17).

What happened to them in the furnace? Who was with them in the furnace?

Read Daniel 3:22-25

5. You are also probably familiar with the story of Daniel in the Lion's Den. Like the story of Shadrach, Meshach, and Abednego, this story takes place in Babylon while they were in exile. However, the king in this story is a different king. He loved and valued Daniel. He was distraught when Daniel became ensnared by his enemies and was thrown into a den of hungry lions. The next morning he *ran* to see if Daniel was alive, "Tell me your God saved you!"

Daniel told the king, "*My God sent his angel, and he shut the mouths of the lions. They have not hurt me, because I was found innocent in his sight*" (Daniel 6:22).

Who was with Daniel in the lion's den?

## SPIRITUAL WARFARE PRINCIPLES

Let's look and see the spiritual warfare principles that are embedded in both of these familiar stories.

The story of Daniel in the lion's den is as familiar as the story of Daniel's friends in the fiery furnace, yet you may have not noticed how similar they are. Both illustrate the same spiritual warfare principles that might have escaped your notice. We will draw comparisons and highlight the spiritual warfare principles that are embedded and apparent when we study them side by side.

6. Spiritual Warfare Principle #1: Deliverance arrives when God ARRIVES and REMAINS until the attack ends!

A. How do you see this principle at work in these two stories of deliverance of God's children -- Daniel and his friends -- in the lion's den and in the fiery furnace?

B. Have you ever experienced this same principle when you have been waiting for deliverance from an attack or trial or challenge? Describe it here.

- C. If this principle is true -- then should we wait to pray? What happens to the children who are in their death pits when we put prayer off for another day (starvation, or substance abuse, or fatherlessness, or identity confusion, etc.)?

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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7. Spiritual Warfare Principle #2: Remember -- never forget: Who the *real* enemy is!

Shadrach, Meshach and Abednego faced their death pit as a result of an evil king. Daniel faced his pit despite a kind king, King Darius. The real enemy was neither king -- evil or kind.

In *The Heart of a Warrior* (chapter 7) it says:

Similarly, today, the real enemy is not the ruler, the emperor, the prime minister, the president, etc. The real enemy is not any human. The real enemy is God's enemy -- satan -- and he is crafty, sneaky, and even uses unlikely humans whom he has deceived to accomplish his purpose -- which is to devour.

Sheila continues:

Now, I am not saying that human enemies are not to be held accountable, that they are blameless puppets in the hands of demonic forces. I am cautioning you against falling into the trap, the snare that wants to judge humans and even seek revenge. This response plays into satan's hands....a slight of hand, a redirection away from praying against him to put our attention on human enemies.

How do you feel about this statement? Do you feel that praying against the real enemy is enough to deliver the children of the world for Christ? Are you able to trust God to defeat the real enemy and that this will be enough? Write your thoughts here.

In addition to the supernatural prayers of deliverance, God raises up people who are compelled, called, and/or even assigned to take steps in the natural to provide aid and/or become active in ameliorating harmful policies. When we see these acts of aid happening, and/or harmful policies eradicated we can believe these are answers to our prayers. So, we hope to see and hear and testify to natural deliverance through aid, social justice, and even rescue, as a result of supernatural deliverance. However, let us keep our prayers focused on the real enemy. Let us not allow him to redirect our prayers away from him.

8. Spiritual Warfare Principle #3: God is the ruler yet: So fear not! No matter what!

God alone is God. Satan is nothing more than a fallen angel. And his army is nothing more than an army of fallen angels. This means:

The enemy is no match against the power of the Almighty!  
The enemy tries to devour and consume, but the Almighty rules!  
What God says -- goes!

How does this spiritual principle impact the way you pray -- in terms of confidence, hope and positive expectations fueling your prayers?

*The Heart of a Warrior* says,

We pray boldly! Confidently! Assured! When we pray for the deliverance of the children of the world who are in pits of death -- we have no doubt God saves -- even now!

The time to pray is now! There is no time to wait! Even if they are not delivered immediately *from* their life-threatening circumstances, they will be delivered *within* from suffering any more harm than they already have. They are covered and protected until the Deliverer can and will provide their way of escape.

The **Time** to pray is now!

The **Times** call for you to fight! Today!

9. What are you waiting for?

I hope you can share openly and honestly the challenges that have kept you from praying. There is no judgement, no shame, because the ploy the enemy has used on you is one he has *also* used, or will use, on others. It helps to compare notes when it comes to fighting this guy.

## KNOWING THE ENEMY'S TRICKS

10. *Distractions*: Has he ever used distractions to keep you from praying? What kind of distractions did he use? Did you have an effective way to stop him from getting away with this trick? If so, please share with others so they can likewise be armed with this important information.



11. *Discouragement*: What's an example of a discouragement he has used on you to keep you from praying? Sharing with others is a way to help unmask this trick for you as well as them.

12. *Doubt*: Take a moment and think about the similarities and the differences between discouragement and doubt. Write your thoughts here.

Doubt can be the result of discouragement that is left unchecked, but it can be more insidious because it is the loss of faith not only in ourselves and others, but most importantly -- God.

The result of both discouragement and doubt is that they can stop you from praying. The best antidote to both is scripture. There are many verses that can dispel this trick of the enemy.

13. What are your favorite verses to help dispel discouragement and/or doubt? (If you have trouble, you can refer back to previous sessions: "Scriptures to Sharpen Your s(Word)"). You can also check out one of the following verses: Joshua 1:9; Deuteronomy 31:8; John 16:33.

Choose one and write it out here:

14. *Deception*: One of the enemy's biggest deceptions is to try to whisper hurtful lies about you in your mind. These lies are intended to steal your value, your identity, your power, and your authority as God's child. How can this trick keep you from praying? How can you overcome this trick? If you need help, go back and pull out the verses used to counter his lies, ones you put in your belt of truth (Session 4, page 49). Share your verse with others to help build their arsenal.

15. *Division*: Another trick of the enemy is to use a hurtful word, a dismissive text, an unkind email -- to put a wedge between you and someone you love and someone with whom you pray. Share a time when he used this trick against you. What happened? Did you get your feelings hurt? Did you stop praying? How did you counter the attack, if you did?

Sheila wrote the following in regards to this trick of the enemy:

When this happens, the best approach is to redirect your praying toward the division. Acknowledge the hurt, but also recognize this is a common trick the enemy uses to his advantage. In fact, it's a two-for-one trick -- he succeeds at getting you to stop praying and hurts your heart in the process. This is one of those times when you will need to wield that sharpened and unsheathed s(Word), and take out those verses we tucked in our belt of truth (chapter 4) and declare them out loud, "*The Lord is at my right hand. I will not be shaken!*" and "*No weapon formed against me shall prosper.*"

16. The enemy's main objective through all these tricks is to stop you from praying!  
What happens when we stop praying? On the other hand, what happens when we do pray (based on what we learned from the stories of Daniel and his friends)?

17. The last, but certainly not the least trick the enemy uses is this lie, this hesitation: "I don't know how to pray spiritual warfare prayers." There is no judgement or shame if this is how you feel. But, what if this is a lie? Take some time to reflect and share if the enemy has used this trick on you. This space is an opportunity for you to examine your heart to see *if* this a trick he is using on you and also learning *how* you can overcome this trick.

There are many Christians who don't feel qualified to pray prayers of deliverance. This is why the book, *The Heart of a Warrior* includes a Prayer Guide. This study guide also provides some of the prayers from the Prayer Guide.

There will be days and times when you will need a dose of passion to fire up your heart to pray. In those times just read or re-read "The List". Why? Because --

The **time** to pray for the children is NOW. There can be no delay.  
The **times** are dire. The time to fight is TODAY!

For your convenience, "The List" which is referred to in *The Heart of a Warrior* is provided here. (All citations can be found in the "Endnotes for Session 7" at the end of this guide.)

Before you read this list, pray. Ask the Holy Spirit to highlight at least one of the following attacks in *The List*.

## THE LIST

1. Schools have become places where teaching how to read and write and add and subtract have been replaced with teaching children to question their identity, to divide them by race, as well as supplant the parents' place of authority.
2. Where God created wombs as a place of safety to protect a child during its most vulnerable time of life, these days, the lives of unborn babies are uncertain: an unborn baby is lost every 34 seconds.
3. A crisis of father absenteeism, as well its iteration -- absent-mindedness -- has left our youth at sea without guidance or positive role models: According to the U.S. Census Bureau, 18.4 million children, 1 in 4, children live without a biological, step, or adoptive father in the home. The result?
  - 71% of all dropouts come from fatherless homes
  - 74% of teenage pregnancies come from fatherless homes
  - 85% of children with behavior disorders come from fatherless homes
  - 90% of all homeless and runaway children come from fatherless homes
  - 63% of youth suicides come from fatherless homes
  - 85% of all youth in prison come from fatherless homes
4. An epidemic of identity crises threatens the essence and existence of our children. Research studies done in 2015 have shown that 37% of teenagers suffered from mild to severe forms of an identity crisis and 95% of teens reported that they were in a confused state of mind.
5. Substance abuse steals and destroys the dreams, futures, and lives of children aged 12 and older. Consider these 2020 data:
  - 50.0% of people aged 12 and over have illicitly used drugs in their lifetime.
  - 700,000 drug overdoses in the US since 2000 have resulted in death.
  - Drug use is highest among persons between the ages of 18-25 at 39% compared to persons aged 26-29, at 34%.
  - 70% of users who try an illegal drug before age 13 develop a substance abuse disorder within the next 7 years compared to 27% of those who try an illegal drug after age 17.

- 47% of young people use an illegal drug by the time they graduate from high school.
6. Murder is also part of the enemy's agenda. He is taking lives through *Fentanyl*, *crime*, and *suicide*.
    - 107,602 people died from substance abuse in 2021. More than three quarters of all teens who are dying of overdoses have fentanyl in their system.
    - In 2017, suicide and homicide were the second and third leading causes of death for persons aged 15–19 and 20–24, and ranked second and fifth among persons aged 10–14 (the suicide rate tripled for this age group from 2007 to 2017).
  7. Children are being enslaved -- through pornography, sex trafficking, and addiction to social media. The result? These traps ensnare and deceive and lie and steal -- their joy, their divine purpose, and value as God's precious child.
    - 48% of all young people (11-16) have been exposed to pornography.
    - 92% of all human trafficking was sex trafficking and 57% of all human trafficking victims were minors in 2021.
    - 46% of teens report being online almost constantly.
  8. Last but not least, children are being branded with labels that lie!
 

There is an epidemic of mental health diagnoses that are forever part of their record.

    - 1 out of 5 children experience a mental disorder in a given year
    - There is an epidemic of learning disorders that put limits on the world's expectations of them. One in five children, or 20 percent, of all children have learning and attention issues.

Which statistic did the Holy Spirit highlight for you today? Pray this prayer, **“Lord, why this specific attack? Why me? Use this to ignite a fire in me to pray for the children -- NOW!”** Take a few moments to hear His answer to this question. Then, record your thoughts here. Share them if you feel comfortable doing so.

Now! Take a moment to embrace some good news! Heaven is celebrating today!

As Sheila wrote in *The Heart of a Warrior* (chapter 7):

The day of deliverance for all the children of the world has come! God has launched an ecumenical international prayer movement! He is raising up a global army. Prayer warfare is the only way to truly defeat the enemy and deliver these precious children from his jaws.

The exciting news, the good news is this: We fight with complete assurance that this war will end in complete victory! God already defeated death on the cross. If God would not withhold His own Son, will He not also do everything in His power to rescue and deliver His precious and beloved children?

## It's Time to Pray!

Begin every prayer time by reading aloud -- individually or as a group -- the first protection prayer as well as the following prayers and introductions from: *The Heart of a Warrior: Delivering the Children of the World for Christ*.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

This prayer incorporates *Psalm 91*, the *Lord's Prayer*, and the *armor* from Ephesians 6.

Let us all pray the following prayers and scriptures aloud together as a group or individually:

#### PART 1 (Psalm 91:1,2):

“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty. As such I am assured that You, Lord, are my refuge and my fortress. You are also the refuge and fortress of (\_\_\_\_\_).” Fill in the names and even the addresses of those He brings to mind.

#### PART 2 (Psalm 91:3,4; 11,12):

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You WILL save me from the fowler's snare and deadly pestilence. I am assured I live in a place of refuge and protection because You have covered me and mine under Your wings. You have also commanded your angels to guard me and mine in all our ways. They will lift us up in their hands.”

#### PART 3 (Matthew 6:9-13):

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is nothing You cannot do. Thank You for all You are doing in my life and my family's life. Continue to protect us and use us as we pray to bring Your Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give me and mine today, Your presence, Your protection, Your guidance, Your providence. Forgive me, Lord, for any fear, for any hesitation, for any discouragement. And give me mercy for those whom I need to forgive. Remind me that they are not the real enemy. And last but not least, deliver me and mine from the evil one.”

Part 4 (Ephesians 6:13-17):

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible.

Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

***SCRIPTURES TO SHARPEN YOUR SWORD***

In this session we learned the enemy has tricks up his sleeve to stop us from praying. These scriptures (as well as many others) can defeat him in this attempt. Just read out loud the following 3 these scriptures to sharpen your sword!

1. “But the Lord is faithful and He will strengthen you and protect you from the evil one.” (2 Thessalonians 3:3)
2. “For I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future.” (Jeremiah 29:11)
3. “I sought the LORD, and he answered me; he delivered me from all my fears.” (Psalm 34:4)

***A PRAYER AS YOU UNSHEATHE YOUR SWORD***

*“Heavenly Father, I know that children are a delightful blessing from You. I speak Your blessings and protection over them, as I pray prayers of deliverance that are based on Your Word. It is Your Word that I now unsheathe and use as I declare deliverance for Your children. Amen.” (Proverbs 17:6; Psalm 127:3; Matthew 19:14)*



*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

## ANXIETY AND DEPRESSION

Some fear is a normal part of being a child. Child developmental milestones include such normal fears as separation anxiety. This fear indicates the child has developed a sense of permanence -- meaning they have developed the awareness that things and people remain even though they have moved out of their sightline. Separation anxiety is also an indicator that a child has learned of their need and dependence on a primary care-giver. So, this fear is normal in most cases.

However, many fears and anxiety in children are not normal, and if abnormal fear and anxiety is left unabated, it can lead to more debilitating mental health issues, frequently depression. But before we explore these data, it is important to understand how these manifest themselves. Why? The more we understand, the more specific we can be in our prayers against this insidious attack on the children of the world.

Experts report that today children in the United States (and likely other countries with similar demographics) worry about losing their parents through abandonment, divorce, or even dying. They worry about school, being called on and not doing well in school. Children have indicated they are afraid of school shootings. They are deeply concerned about having friends, and being socially accepted. They are afraid of being bullied. And last, but not least they are fearful of making mistakes and not living up to their parents' expectations.

Anxiety is the number one mental disorder worldwide, with the United States by far reporting the highest incidence prior to the pandemic (a worldwide range of 2.4%-18.2%). The attacks on the mental health of the children as manifested through anxiety and/or depression have increased globally. Prior to the pandemic, the rate of anxiety in children was estimated to be 8.5% (less than 1 in 10), and the rate of depression was estimated to be 11.6% (slightly more than 1 in 10). Since the pandemic, the rate in anxiety has doubled: 1 in five children are reporting anxiety, and 1 in four are reporting depression.

## **A PRAYER FOR DELIVERANCE FROM THE SPECIFIC ATTACK OF ANXIETY AND DEPRESSION**

**“Victorious Lord, I call on your Name, Jesus, to protect and deliver the children  
(\_ fill in names of any child(ren) you know is suffering from anxiety and/or depression\_)  
from the evil spirits of anxiety and depression that are attacking Your children!  
You, alone, are able to deliver them (\_\_\_\_\_) from these spirits that are  
stealing peace and joy from Your children across the globe! By the authority of**

**Jesus' Name, I hereby destroy every evil spirit of stress, fear, anxiety, and depression. I specifically demand that the spirit of fear of losing the parents' presence, love, and acceptance must flee now in Jesus' name. I also destroy the demon of fear of being hurt, even killed through violence such as a school shooting. I also bind and destroy the spirit of losing social acceptance, friends, value, and/or a place to belong. I cover the children who suffer from anxiety and depression with the blood of the Lamb. I decree and declare that no weapon formed against the children ( ) shall prosper and every tongue that would rise up to accuse them shall be silenced by the power of God Almighty. Jesus, who stills the wind and waves, calm the minds and spirits of those of Your children who are struggling with anxiety and depression. Be their light and salvation. Then, whom shall they fear? Be the stronghold of their life. Then, of what shall they be afraid? Amen." (Mark 4:35; Psalm 27:1).**

## **HEART BEATS**

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS.

## **If Little Faith can Move Mountains. What can Limitless Faith Do?**

**Question:** *“Faith: What is its role in praying? Does the amount of my faith effect my prayers? Does it impact, one way or another, the affect they will have on those for whom I am praying?”*

This question will be answered differently, depending on the teaching and doctrine of your church. And for this reason it is important to start out acknowledging this difference. These days call for unity in the Church, so let us approach this question with an open mind and a heart of understanding and love for our brothers and sisters in Christ.

**Prayer:** *“Holy Spirit, help Thou my unbelief. Increase my faith. Give me the faith to believe that I can have limitless faith. Thank You, that regardless of the size of my faith, Your power is limitless. Use Your limitless power to increase my faith and to also deliver the children of the world today. Amen.”*

1. Have you ever seen or heard children pray? Do you think they pray with more or less faith than the average adult? Why do you take the position you do?

Read Psalm 8:2

This Psalm says the praise and the prayers of infants and children silences the \_\_\_\_\_.

2. If the praise and prayers of infants and children can silence the avenger, do you believe their prayers are effective? On what do you base your opinion?

3. Have you ever considered the faith of children? How did Jesus view them?

Read Matthew 17:14-20

4. According to Jesus, how much faith do you need in order to move a mountain?

According to this exchange with Jesus, it only takes a little faith to move a mountain. If that's so, why aren't more of us moving mountains?

Could it be that the real problem with little faith isn't that our prayers are ineffective, but that little faith keeps us from praying -- period?

5. Sheila writes the following in *The Heart of a Warrior* (chapter 8), "Pray! Whatever size your faith is -- pray! Even little faith is heard and answered by a limitless God....It isn't the size of our faith, it's the size of our God that delivers." Have you seen this principle at work in your life?

So, the point is this:

Pray! Regardless of the size of your faith! &  
Pray for more faith! Regardless of the size of your faith!  
Whatever faith you have -- little or limitless. Pray!

6. How much faith does God have in Himself? Describe it, even providing examples from scripture to back up your description (scriptural citations are not expected here).

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Mid-Session Check-up (silently ask yourself):

Have I shared yet?

Have I shared more than others?

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7. Can we have the same faith in God that He has in Himself?

8. If you pray to have the same faith in God that He has in Himself, what do you think will happen to your faith? Does God put limits on Himself? Should we put limits on Him?

In *The Heart of a Warrior* (chapter 8) Sheila says this:

Today, after years of praying for more faith, after years of seeing God at work in amazing ways -- I want to challenge you to ask for more faith. The more faith you and I have, the more we will pray, and the more boldly we will pray! And the more we pray and the more boldly we pray, the more children who will be delivered! The time has come to trade in our little faith for limitless faith.

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The time has come to trade in our little faith for limitless faith.

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9. Take some time to think about your faith. Is there room for growth?

Read Hebrews 11:1

10. This is the first verse in the “Hall of Faith” chapter in the Bible. What follows is a list of the names of Heroes of the Faith. In addition, this chapter tells what they did to be included in this auspicious litany of acts of heroic, limitless faith. Scan this chapter and choose one of these heroes. Write here what earned them the honor of being listed in this Hall of Faith.

Although it is likely that your faith has room to grow after reading this chapter, don't let the size of your faith keep you from praying or discourage you. Be inspired. Ask God to grow your faith and to continue to grow it until that day when you stand before Him.

11. When you know the full stories of the heroes of Hebrews 11, you will see that most (if not all) of them had their own moments of weak faith. So, don't be surprised when you have a moment when you are discouraged or wonder if this movement is too big, etc. If you have had such a moment, share it here.

Read Matthew 14:22-33

12. How would you describe Peter's faith when he stepped out of the boat onto choppy, stormy waves: little or limitless?
13. How would you describe Peter's faith when he began to sink: little or limitless?
14. What happened to Peter for his faith to plummet from limitless faith to little faith?
15. What can we do if we should encounter a similar drop in faith?



Read the following from *The Heart of a Warrior*. Choose one that you have experienced recently: feeling afraid, discouraged, weary, or stressed. Depending on which one of these best describes your recent attack on your soul, underline the focal point that can restore your faith from little to limitless.

- When you feel afraid -- refocus on God's limitless faith in Himself!
- When you feel discouraged -- refocus on God's limitless power!
- When you feel weary -- refocus on God's limitless strength!
- When you feel stressed by the worry that you don't have enough time, enough money, enough resources, enough experience, enough -- refocus on God's limitlessness -- He is always MORE than enough!

16. Depending on what you need to refocus on -- find a scripture verse that you can claim, declare and rely on. If you need help, you can go to the "SCRIPTURES TO SHARPEN YOUR s(WORD)" in the book or in this study guide. (You can also refer back to page 49-50 or page 89 of this guide) Write the scripture(s) here:

This book and study guide were God's idea to recruit, ignite, train, and weaponize (the prayers based on the Word) an international prayer movement. Between the book and this study guide and of course, the Holy Spirit, you have everything you need to be a warrior in this prayer movement.

The time to fight is NOW!

You DO have the heart of a warrior, a heart that burns with the Father's love for His children. The enemy will try his best to stop you from praying, but you will be victorious and you won't let that happen.

God is forging within you fearless, limitless faith and a heart that beats with love for Him and His children.

Thank you!

You are an answer to His call, an answer to prayer!

## **A CLOSING PRAYER OF THANKS FOR WHAT GOD IS DOING**

Dr. Sheila Schuller Coleman says to YOU:

“Thank you for saying ‘YES!’ to this life-saving call! I can’t thank you enough, so I have asked the Father to do that in the following prayer. Please know I prayed this prayer over you as I completed the book and this study guide and I will continue to do so as we join our hearts in prayer to deliver the children of the world for Christ.”

**“Lord, Almighty God, creator of life, protector of life, deliverer from evil. Thank You for the men and women who have taken up Your call to pick up this book, to read it, and to pray these prayers on behalf of Your children. You know what’s at stake. You see what the enemy is up to. And I have no doubt that it is You who has given these prayer warriors the will and the power to answer this call, to take time -- to pray! So, now, in the words of Aaron, the first High Priest, I ask You, Father to bless them! Keep them. Make Your face to shine upon them. Give them peace that passes understanding, faith that is unshakeable, hope that is unsinkable, and love that is unquenchable. Amen.”**

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God loves you!  
And I do, too!

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## It's Time to Pray!

Begin every prayer time by reading aloud -- individually or as a group -- the first protection prayer as well as the following prayers and introductions from: *The Heart of a Warrior: Delivering the Children of the World for Christ*.

### ***A DAILY PRAYER TO COVER YOU AND YOURS***

This prayer incorporates *Psalm 91*, the *Lord's Prayer*, and the *armor* from Ephesians 6.

Let us all pray the following prayers and scriptures aloud together as a group or individually:

#### PART 1 (Psalm 91:1,2):

“I dwell in the shelter of the Most High, and rest in the shadow of the Almighty. As such I am assured that You, Lord, are my refuge and my fortress. You are also the refuge and fortress of (\_\_\_\_\_)”. Fill in the names and even the addresses of those He brings to mind.

#### PART 2 (Psalm 91:3,4; 11,12):

“You are my God in whom I trust. Surely, in fact, I have no doubt, that You WILL save me from the fowler's snare and deadly pestilence. I am assured I live in a place of refuge and protection because You have covered me and mine under Your wings. You have also commanded your angels to guard me and mine in all our ways. They will lift us up in their hands.”

#### PART 3 (Matthew 6:9-13):

“Lord, you are my Abba, my Divine Daddy, who are Holy and Almighty. There is nothing You cannot do. Thank You for all You are doing in my life and my family's life. Continue to protect us and use us as we pray to bring Your Kingdom, Your will, Your way, Your when, to earth -- as it is in Heaven. Give me and mine today, Your presence, Your protection, Your guidance, Your providence. Forgive me, Lord, for any fear, for any hesitation, for any discouragement. And give me mercy for those whom I need to forgive. Remind me that they are not the real enemy. And last but not least, deliver me and mine from the evil one.”

Part 4 (Ephesians 6:13-17):

“Cover me, Lord, with the helmet of salvation. Give me the mind of Christ, a mind that knows no fear, that knows no limitations, that knows all things are possible.

Cover me, with the breast plate of righteousness. Protect my heart, my motives. Shield me with the shield of faith, including the buckler. Cinch the belt of truth around my waist. I will also take up the s(word) as I wield such verses as these: “No weapon formed against me shall prosper” (Isaiah 54:17), and “The Lord is at my right hand, I shall not be shaken.” (Psalm 62:6) Finally, put on my feet, the shoes of shalom, as I pray for Your children to be rescued and saved and delivered.”

AMEN

***SCRIPTURES TO SHARPEN YOUR SWORD***

In this session we learned why it is important to stay focused on Jesus Christ, on God, the Father’s strength! Just read out loud the following 3 these scriptures to sharpen your sword!

1. “The LORD is my strength and my defense; He has become my salvation. Shouts of joy and victory resound in the tents of the righteous: the LORD’s right hand has done mighty things! The LORD’s right hand is lifted high; the LORD’s right hand has done mighty things! I will not die but live, and will proclaim what the LORD has done.” (Psalm 118:14-17)
2. “And these signs will accompany those who believe: In My name they will drive out demons.” (Mark 16:17a)
3. “I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.” (Luke 10:19)

***A PRAYER AS YOU UNSHEATHE YOUR SWORD***

*“Almighty God, You have never failed me. I trust in You to remind me that You are my Creator. I worship only You, not man-made creations. With Your help I will not exchange the truth about You for a lie, but will remain faithful as I pray on behalf of the children who are being attacked by Your enemy. As the one, true God, You are the one who is the power behind this s(Word) which I wield now in Jesus’ name. Amen.” (Romans 1:25)*

*Now!* Let us pray the following prayer of deliverance for the following attack against the children.

## **ADDICTIONS**

Children as well as youth are being ensnared by various addiction: drugs, alcohol, food, pornography, social media, exposure to violent games and movies. Substance abuse steals and destroys the dreams, futures, and lives of children aged 12 and older. Consider these 2020 data:

- 50.0% of people aged 12 and over have illicitly used drugs in their lifetime.
- 700,000 drug overdoses in the US since 2000 have resulted in death.
- Drug use is highest among persons between the ages of 18-25 at 39% compared to persons aged 26-29, at 34%.
- 70% of users who try an illegal drug before age 13 develop a substance abuse disorder within the next 7 years compared to 27% of those who try an illegal drug after age 17.
- 47% of young people use an illegal drug by the time they graduate from high school; others who have admitted to using within the last 30 days include, by age:
  - 5% of 8<sup>th</sup> graders.
  - 20% of 10<sup>th</sup> graders.
  - 24% of 12<sup>th</sup> graders.
- 107,602 people died from substance abuse in 2021. More than three quarters of all teens who are dying of overdoses have fentanyl in their system.

The evil spirits who are behind these addictions are the demons assigned to steal, kill, and destroy. They bind and trap and wrap the children's hearts in chains until life abundant is squeezed out. These chains are built, frequently as a result of experiencing pain; the demons see the pain and take advantage of it and begin to build a pain chain, link by link, by link. Nevertheless, when we pray, they can be set free! The power of the Victorious Risen Christ breaks every chain. When Sheila has prayed freedom for people of all ages from chains, she heard in her spirit the links of their chains go pop, pop, pop, pop! This is what happens when we pray for the children and youth to be set free from addictions.

## **A PRAYER TO DELIVER THE CHILDREN OF THE WORLD FROM ADDICTION**

**“Lord, my heart is broken for the addicted youth, Oh Lord! I weep with their families as I witness the enemy attempt to destroy their lives. I call out the demons**

**assigned to steal, kill, and destroy and declare, ‘I unmask you now. I am letting everyone know that you are the reason the children ( fill in the names of any children you know who are being attacked by the spirit of addiction ) and our youth are being destroyed every day through addiction. No longer can you take advantage of their pain!’ With the power and authority I have been given as a child of the Most High God, the Almighty God, I turn over their tables and tell the demons called, “chaos”, to cease and desist. I call on the angelic armies to totally demolish the drug traffic routes. I also pray for angels to be deployed to sever all electronic connections, and disintegrate all URL’s in the dark spaces of the internet.**

**“I hereby destroy you captive demons. I command you to release the children ( \_\_\_\_\_ ) and youth that you are holding captive in addictive prisons. I say to the angels, ‘Break down these prison walls! Free the captives! Release your miracles now!’ I also ask the Holy Spirit, ‘Pour Your spirit out on these defenseless ones. Give to each one a spiritual awakening!’ And to the Father, I add, ‘Thank you, Father, that you watch over your word to perform it, that the Son has set them free, and therefore they will be free indeed! I also claim Your Word that You are making them new even as You are setting them free. And Your Word says that if anyone is in Christ, the new creation has come: The old has gone, the new is here! Amen.’” (Acts 16:16; Isaiah 61:1-4; Jeremiah 1:12; John 8:36; 2 Corinthians 5:17).**

## **HEART BEATS**

Do not be surprised that your heart will begin to beat differently than it did before you joined this prayer movement. As the Lord forges and fires up your warrior heart; as you pray for the children, record your reflections, insights, and notes here in HEART BEATS.

## ENDNOTES Session 7

Rather than present the sources used for the data presented in this book according to various styles of scholarly reports, Dr. Coleman chose to present them in a way that any reader of any nation can consume them. They are presented in alphabetical order of the topic they support. The internet addresses include the date of retrieval.

Abortion:

<https://www.all.org/abortion/abortion-statistics> (Retrieved 07/09/2022)

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<https://www.foxnews.com/us/57-percent-us-human-trafficking-victims-minors-2021-report> (Retrieved 07/09/2022)

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Learning Disabilities:

<https://www.healthypace.com/parenting/learning-disabilities/learning-disabilities-statistics-and-prevalence> (Retrieved 07/09/2022)

Mental Health:

<https://www.cdc.gov/childrensmentalhealth/features/child-mental-health.html> (Retrieved 07/09/2022)

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Pornography:

Martellozzo, E., Monaghan, A., Adler, J.R., Davidson, J., Leyva, R. and Horvath, M.A.H. (2016) <https://www.nspcc.org.uk/keeping-children-safe/online-safety/> (pornography) (Retrieved 07/09/2022)

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Substance Abuse:

<https://drugabusestatistics.org/> (Retrieved 07/09/2022)



<https://worldofmedicalsaviours.com/fentanyl-epidemic-information-statistics-and-resources/> (Retrieved 07/09/2022)

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<https://www.cdc.gov/nchs/products/databriefs/db352.htm> (Retrieved 07/09/2022)

## ENDNOTES Prayers

Whereas the sources for the data cited in Session 7 are presented by topic, they are presented in the order in which the prayers are given. This decision was based on ease of use by the readers.

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Orphans:

<https://www.sos-usa.org/our-impact/focus-areas/advocacy-movement-building/childrens-statistics> (Retrieved 08/11/2022)

World Hunger:

<https://www.worldhunger.org/world-child-hunger-facts/> (Retrieved 08/11/2022)

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